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#### **Understanding Period Poverty Infographic**

Theme: Participation

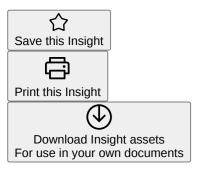
Understanding Period Poverty Infographic

Cheycoda Cocks
Sport Manawatu

As part of the EQUITY project Sport Manawatū surveyed close to 100 young women and girls on the barriers and enablers to participation in physical activity.

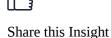
#### **Period Poverty Infographic**

• Period Poverty 2023 - Infographic.pdf 2.5MB PDF



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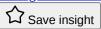
- <u>Understanding Period Poverty Infographic.pdf</u>
- Period Poverty 2023 Infographic.pdf 2.5MB PDF
- Infographic.jpg 140KB JPG

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#### Similar Insights (73)

<u>Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football</u>



Participation

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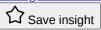
Change in Action Week - Innovative Impact FINALIST - Active Wahine



Participation

#### **Change in Action Week - Innovative Impact FINALIST - Active Wahine**

Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

#### Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

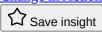
Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



Participation

#### Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

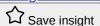
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



Participation

#### **Change in Action Week - Innovative Impact FINALIST - Wāhine Toa**

Change in Action Week - Rangatahi Winner - Carmel College



Participation

#### Change in Action Week - Rangatahi Winner - Carmel College



#### ADIDAS BREAKING BARRIERS RESEARCH

<u>Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition</u>



**Participation** 

#### Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

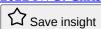
By Emma Evans - Sport New Zealand A 2024 SURVEY FOR: Women in Trail and Ultrarunning



Participation

#### A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun 2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

#### 2022 IWG: Christine Young - Integrity in HP Youth Sport

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



Participation

#### 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

<u> 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport</u>



## 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport 2022 IWG: Kirsten Spencer - Sport as a social development tool

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#### 2022 IWG: Kirsten Spencer - Sport as a social development tool

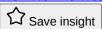
2022 IWG: Erin Hatton - Driving transformational change



Participation

#### 2022 IWG: Erin Hatton - Driving transformational change

Well Wahine Week Case Study



Participation

#### Well Wāhine Week Case Study

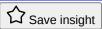
By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



Participation

#### **Girls Smash Modified Girls Only Cricket Programme**

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>

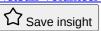


Participation

#### Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME

Netball Volunteer Programme



#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.

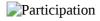


Participation

#### Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool





Participation

#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



Participation

#### **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand

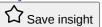
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

#### COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

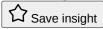
Why Aussie women's sport needs to talk about fertility



Participation

#### Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



Participation

#### **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



**Sport for Sustainable Development: Designing Effective Policies and Programmes** 

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



Participation

The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

Huge uptick in girls and women playing football in New Zealand



Participation

Huge uptick in girls and women playing football in New Zealand

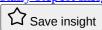
Resources on Male Allyship



Participation

**Resources on Male Allyship** 

Rally Report Insights: Body Confidence



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**Rally Report Insights: Body Confidence** 

Rally Report Insights: Mental Health



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**Rally Report Insights: Mental Health** 

What type of uniforms do women want to wear when they referee or umpire sport?

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What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel: Start of a love story



#### Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



Participation

#### Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

#### Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia

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#### Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

Participation

#### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



Participation

#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club

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#### Not just for the "sporty", the Not-So-Sports-Club

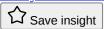
By Rachel Howells - Sport New Zealand <u>Manawatū Cricket Association case study</u>



Participation

#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash



Participation

#### **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

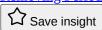
The female-friendliness of New Zealand's tennis clubs



Participation

#### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation

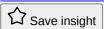


Participation

#### **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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#### Te Awamutu AFC starts 2024 off strong with growing demand

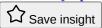
Five things to know about women and sport



Participation

#### Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse



Has the Olympics become too sexualised? How sex and gender debates drove online discou	ırse
Pacific Women's Leadership Programme Impact - Sela Vaenuku	

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Participation

#### Pacific Women's Leadership Programme Impact - Sela Vaenuku

IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective



Participation

#### IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective

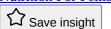
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes



Participation

#### "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes

**Nutrition For Female Athletes** 



Participation

#### **Nutrition For Female Athletes**

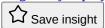
Coaching through a Gender Lens Infographic



Participation

#### Coaching through a Gender Lens Infographic

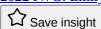
Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

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2022 IWG: Emily Davidson - She Loves Golf Presentation



#### 2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport

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Participation

#### Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked



Participation

#### Running and periods: The myths about exercise and your menstrual cycle, debunked

Updated Pregnancy guidance from UK Sport



Participation

#### **Updated Pregnancy guidance from UK Sport**

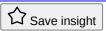
IWG: Daenin Roth - Grassroots Role Models Inspiring Change



Participation

#### **IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

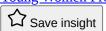
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



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#### IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

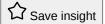
Young Women Profile - September 2021



Participation

#### **Young Women Profile - September 2021**

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



# IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls New Zealand Football Performance & Prevention - Considerations for Female Athletes Save insight

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#### **New Zealand Football Performance & Prevention - Considerations for Female Athletes**

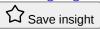
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



**Participation** 

#### IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

#### **Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana irving - Aktive - Auckland Sport & Recreation

How To Co-Design A Programme With Participants



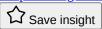
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Participation

#### **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

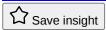


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Participation

#### **Empowering Disengaged Girls Through A Participant-Centered Programme**

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

Participation

#### **Aktive Women & Girls Facility Guide**

Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"



#### Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

<u>Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"</u>



**Participation** 

# Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

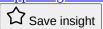
IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?



Participation

#### IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

Supporting Disabled Teenage Girls to be Active



Participation

#### **Supporting Disabled Teenage Girls to be Active**

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL



Participation

#### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



Participation

# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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