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# The Women in Sport Podcast - Paris 2024 Olympic Preview: Tessa Sanderson

## Episode 40: Paris 2024 Olympic Preview: Tessa Sanderson

Theme:  
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The Women in Sport Podcast - Paris 2024 Olympic Preview: Tessa Sanderson

## Episode 40: Paris 2024 Olympic Preview: Tessa Sanderson

This year marks Women in Sport's 40th anniversary and we've relaunched our podcast!

It's July 2024. In just a few weeks, the world's top athletes will gather in Paris for the 2024 Games.

We'll be watching on - in wonder - at the human endeavour, the glory and the heartbreak.

What all that feels like is the stuff of dreams for most of us.  
Today's guest is a woman who lived that dream.

Tessa Sanderson CBE is a British Olympic icon. She represented Great Britain at six Olympic Games, winning a gold medal in the javelin at the 1984 Los Angeles Olympics setting a new Olympic record and making history as the first black British woman to win Olympic gold.

Presenter: Julia George

Watch and listen to the BBC commentary of Tessa's moment of Olympic glory:  
1984 Los Angeles Olympic Games - Women's Javelin ([youtube.com](https://www.youtube.com))  
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About Women in Sport

Women in Sport was founded in 1984 and its vision is that no-one is excluded from the joy, fulfilment and lifelong benefits of sport and exercise.

Recognising that gender stereotypes and institutional bias are holding women back in life and in sport, the charity's purpose is to give every woman and girl the opportunity to take part and inspire her to do so.

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Acknowledgments  
Follow Tessa on X - [x.com/tessasanderson](https://x.com/tessasanderson)

Thank you to David Prest at Whistledown Productions for the technical help and use of the studio to record this podcast.

Edited and mixed by Steven George

Music: Luna Cantina - A Huevo

Listen to the podcast in this link below:



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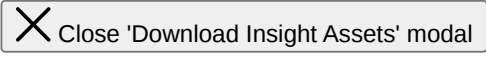


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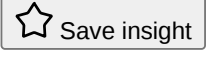
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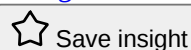
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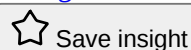
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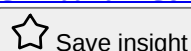
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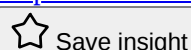
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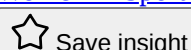
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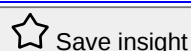
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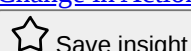
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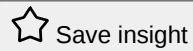
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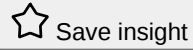
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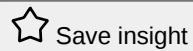
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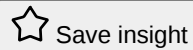
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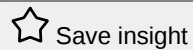
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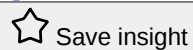


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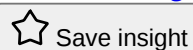


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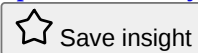
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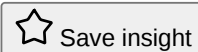
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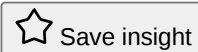
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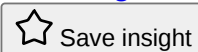
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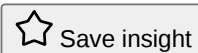
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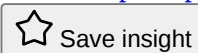
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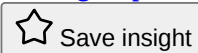
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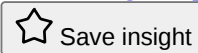
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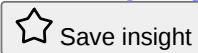
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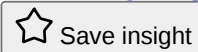
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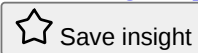
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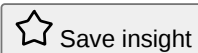
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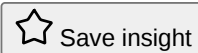
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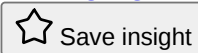
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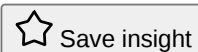
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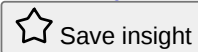
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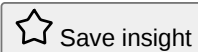
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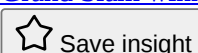
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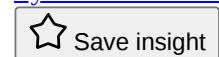
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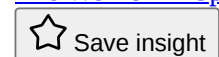
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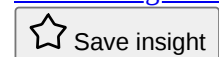
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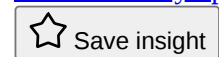
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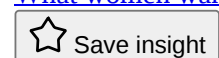
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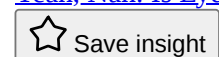
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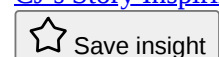
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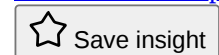


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By Dantaye Simpson - Sport Manawatu

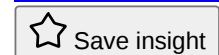
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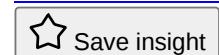
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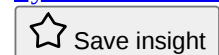
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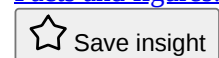
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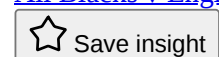
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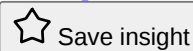
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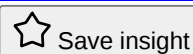
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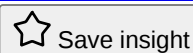
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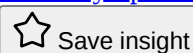
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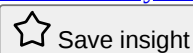
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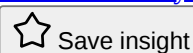
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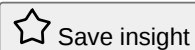
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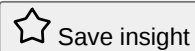
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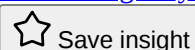
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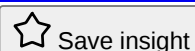
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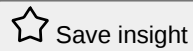
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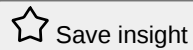
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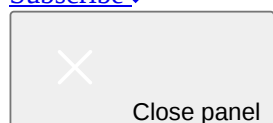
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