#### Skip to content





# Strategies that Male Allies Use to Advance Women in the Workplace A Research and Policy Brief

Theme: Leadership

Strategies that Male Allies Use to Advance Women in the Workplace

Co-authored by Utah Women & Leadership Project

# Despite slight progress in women's leadership in certain sectors in Utah, national rankings still place Utah poorly for women's equality. This brief explores effective strategies used by male allies to support and advance women in workplace settings, aiming to inform organizations on designing effective strategies and resources.

# Key takeaways include:

- Developmental Relationships: Providing mentoring and sponsorship to guide women's careers and create advancement opportunities.

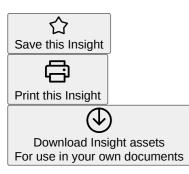
- HR Processes: Ensuring fair recruitment and promotion practices, and addressing the gender pay gap.

- Leadership Development: Offering training and career development opportunities tailored to women.
- Recognition: Acknowledging women's contributions both publicly and privately, and ensuring their voices are heard.
- Equality: Treating women as equals while actively challenging gender biases and discrimination.

The study highlights the crucial role of male allies in implementing these practices to promote gender equality and enhance organizational effectiveness. To make progress in Utah, more men need to embrace these strategies, continuing the tradition of supporting women's rights and leadership.

# Access the full report here:

#### Male Ally Strategies

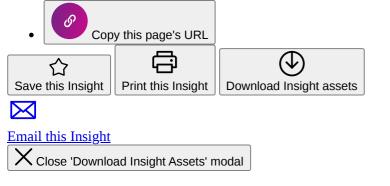


#### Was this Insight helpful?



Share this Insight





# Download Insight assets

- <u>Strategies that Male Allies Use to Advance Women in the Workplace.pdf</u>
- Male Allies.jpeg 40KB JPEG

#### Was this Insight useful?



# Similar Insights (109)

Change in Action Week - Innovative Impact FINALIST - Cambridge FC

#### Leadership

#### Change in Action Week - Innovative Impact FINALIST - Cambridge FC

Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa

#### Leadership

#### Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa

Change in Action Week - Dad's as Allies FINALIST - Dan Doland

#### Leadership

#### Change in Action Week - Dad's as Allies FINALIST - Dan Doland

Change in Action Week - Digital Innovation FINALIST - Brad Lenko

#### Leadership

#### **Change in Action Week - Digital Innovation FINALIST - Brad Lenko**

Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt

#### Leadership

#### Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt

Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis

#### Leadership

#### **Change in Action Week - Pioneer of Change FINALIST - Dino Michalakis**

Akarana Falcons front with all-female coaching staff

#### Leadership

#### Akarana Falcons front with all-female coaching staff

Change in Action Week - Dad's as Allies FINALIST - Tyson Waina

Leadership

#### Change in Action Week - Dad's as Allies FINALIST - Tyson Waina

Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart

#### Leadership

# **Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart**

Change in Action Week - Pioneer of Change Winner - Kimberley Kan

**公** Save insight

#### Leadership

# Change in Action Week - Pioneer of Change Winner - Kimberley Kan

 Change in Action Week - Wāhine Toa Winner - Shanee Kiriau

 Save insight

#### Leadership

# Change in Action Week - Wāhine Toa Winner - Shanee Kiriau

Change in Action Week - Dad's as Allies Winner - Ben Quane ☆ Save insight

#### Leadership

#### Change in Action Week - Dad's as Allies Winner - Ben Quane

Play to Lead: The Generational Impact of Sport on Women's Leadership

#### Leadership

#### Play to Lead: The Generational Impact of Sport on Women's Leadership

Rise & Thrive Coaching Course - Manawatū ☆ Save insight

#### Leadership

#### Rise & Thrive Coaching Course - Manawatū

By Merran Brockie-David - Women in Sport Aotearoa <u>Whanake o te Kōpara - Four Year Impact Report</u>

分 Save insight

#### Leadership

#### Whanake o te Kōpara - Four Year Impact Report

By Merran Brockie-David - Women in Sport Aotearoa NZC prioritise understanding of Female Athlete Health

₩ Save insight

#### Leadership

#### NZC prioritise understanding of Female Athlete Health

By Jess Davidson - New Zealand Cricket <u>Whanake o te Kōpara case study - Daneka Geaney-Jones</u>

Save insight

#### Leadership

#### Whanake o te Kōpara case study - Daneka Geaney-Jones

By Merran Brockie-David - Women in Sport Aotearoa <u>Gender Equity in Coaching Webinar</u>

☆ Save insight

#### Gender Equity in Coaching Webinar

By Canadian Women & Sport - Canadian Women & Sport Women and Girls Referees: Building a Transformative Infrastructure

₩ Save insight

Leadership

#### Women and Girls Referees: Building a Transformative Infrastructure

By Sarah Leberman MNZM - Women in Sport Aotearoa One woman, two chairs at top of NZ sport

₩ Save insight

Leadership

#### One woman, two chairs at top of NZ sport

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

☆ Save insight

Leadership

# 2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

Tātāwhāinga - Episode 10: Gender Equity

Leadership

# Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 9: Sport Leadership</u>

Save insight

#### Leadership

# Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation</u> Save insight

Leadership

# Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1</u>

₩ Save insight

#### Leadership

#### Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes</u>

₩ Save insight

#### Leadership

#### Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa <u>Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle</u> Save insight

#### Leadership

#### Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa <u>The Aotearoa Legacy</u> Save insight

#### Leadership

#### The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa <u>Young Women's Leadership Programme</u> Save insight

#### Leadership

#### Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa IWG 2022 Progress Report

C Save insight

#### Leadership

# IWG 2022 Progress Report

By Robyn Cockburn - LUMIN <u>Women & Girls Action Plan</u> Save insight

#### Women & Girls Action Plan

By Maddi Mclean - Sport New Zealand Ako Wāhine: Journey of Learning

Save insight

Leadership

#### Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby Gender and Variation of Experience

Leadership

#### **Gender and Variation of Experience**

By Kirsten Spencer - Auckland University of Technology New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

₩ Save insight

#### Leadership

#### New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

By Amy McClintock - Basketball New Zealand <u>Most kids are only coached by men in junior sport – women need to be part of the picture, too</u> Save insight

#### Leadership

#### Most kids are only coached by men in junior sport - women need to be part of the picture, too

Charmaine Smith cherishing opportunity to play international rugby

₩ Save insight

#### Leadership

#### Charmaine Smith cherishing opportunity to play international rugby

Professional athletes share the struggle of motherhood and their careers

分 Save insight

#### Leadership

#### Professional athletes share the struggle of motherhood and their careers

Te Hāpaitanga's role in advancing women in high performance coaching

#### Leadership

#### Te Hāpaitanga's role in advancing women in high performance coaching

Keeping our Olympians cool, calm and bug-free

#### Leadership

#### Keeping our Olympians cool, calm and bug-free

 King's Birthday honours

 Save insight

#### Leadership

#### King's Birthday honours

Case Study – Annalie Longo - LockerRoom

Leadership

#### Case Study – Annalie Longo - LockerRoom

LockerRoom Story: Case Study - Rushlee Buchanan

#### Leadership

#### LockerRoom Story: Case Study - Rushlee Buchanan

IWG: Mel Johnston - Women in Community Sport Club Leadership

**公** Save insight

#### Leadership

#### IWG: Mel Johnston - Women in Community Sport Club Leadership

Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand

#### Leadership

#### Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand

Young Women's Leadership Opportunity Provides Huge Value

#### Leadership

#### Young Women's Leadership Opportunity Provides Huge Value

Value of your network – Whanake o te Kōpara - Ellie Eastwood

#### Leadership

#### Value of your network – Whanake o te Kōpara - Ellie Eastwood

Chiefs create tie to assist women's rugby in New Zealand and Japan

#### Leadership

#### Chiefs create tie to assist women's rugby in New Zealand and Japan

<u>Trailblazing surf star lines up new gig</u> ☆ Save insight

Leadership

#### Trailblazing surf star lines up new gig

Sport NZ announces 2024 Sport And Recreation Award Winners

#### Leadership

#### Sport NZ announces 2024 Sport And Recreation Award Winners

Women in Sport Recruitment and Retention Guidelines

₩ Save insight

#### Leadership

#### Women in Sport Recruitment and Retention Guidelines

 Pacific Leadership Programme - Impacting Pacific Women & Girls

 Save insight

#### Leadership

#### Pacific Leadership Programme - Impacting Pacific Women & Girls

By Merran Brockie-David - Women in Sport Aotearoa <u>Gender Equity is Good Governance – Lessons from the Sport Sector</u>

Save insight

Leadership

#### Gender Equity is Good Governance – Lessons from the Sport Sector

 IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts

 Save insight

Leadership

#### IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts

 IWG: Emma Evans - Advancing leadership across the Pacific

 Save insight

Leadership

#### IWG: Emma Evans - Advancing leadership across the Pacific

2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.

Save insight

#### Leadership

# 2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women's Sport: How Your Sport Can Make the Most Informed Decision.

Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys ☆ Save insight

#### Leadership

#### Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys

Trailblazing basketballer making history in All Blacks management

☆ Save insight

#### Leadership

### Trailblazing basketballer making history in All Blacks management

REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE

Leadership

# **REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE**

By Sarah Leberman MNZM - Women in Sport Aotearoa <u>Kiwi breaks the grass ceiling</u>

₩ Save insight

#### Leadership

#### Kiwi breaks the grass ceiling

Grief, recriminations, then gold: How the wheel has turned for Cycling NZ

없 Save insight

#### Leadership

#### Grief, recriminations, then gold: How the wheel has turned for Cycling NZ

Pacific Women's Leadership Programme - Host organisation impact

#### Leadership

#### Pacific Women's Leadership Programme - Host organisation impact

By Merran Brockie-David - Women in Sport Aotearoa Women, Sport & Governance

Gave insight

#### Leadership

### Women, Sport & Governance

Ann Downey: Great female coaches are there, they just need to be asked

#### Leadership

### Ann Downey: Great female coaches are there, they just need to be asked

The Reykjavík Index for Leadership

#### Leadership

### The Reykjavík Index for Leadership

 'I'm saying this for the first time': AB's manager's road to the top

 'Save insight

#### 'I'm saying this for the first time': AB's manager's road to the top

Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager

Leadership

#### Megan Compain: NZ's First Pro Basketball Player in the USA & All Blacks' New Commercial Manager

Lisa O'Keefe: Uniting women's sport across the world (Podcast)

Save insight

Leadership

#### Lisa O'Keefe: Uniting women's sport across the world (Podcast)

Sports Management Training Programme empowering women in Africa

☆ Save insight

Leadership

#### Sports Management Training Programme empowering women in Africa

Bringing Gender in Tool

Leadership

#### **Bringing Gender in Tool**

Celebrating Champions of Change: Helene Wilson

Leadership

#### **Celebrating Champions of Change: Helene Wilson**

How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?

#### Leadership

How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?

Celebrating Champions of Change: Rebecca Rolls

☆ Save insight

#### **Celebrating Champions of Change: Rebecca Rolls**

Pacific Women's Leadership impact: Pualele Craig

#### Leadership

#### Pacific Women's Leadership impact: Pualele Craig

By Merran Brockie-David - Women in Sport Aotearoa <u>5 4 3 2 1 Paris: Luuka Jones</u> Save insight

Leadership

#### 54321 Paris: Luuka Jones

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

Save insight

#### Leadership

#### Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women ☆ Save insight

#### Leadership

#### IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women

Launch of Basketball New Zealand Emerging Leaders Programme!

#### Leadership

### Launch of Basketball New Zealand Emerging Leaders Programme!

Wonder Women: Women Who Lead initiative launched

#### Leadership

### Wonder Women: Women Who Lead initiative launched

IWG: Michelle DeHighden - Developing our NextGEN Female Coaches

#### IWG: Michelle DeHighden - Developing our NextGEN Female Coaches

Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion

#### Leadership

#### Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion

Black Ferns leader's momentous rugby deal 3 Save insight

#### Leadership

#### Black Ferns leader's momentous rugby deal

Supporting good governance through board gender diversity

↔ Save insight

#### Leadership

#### Supporting good governance through board gender diversity

Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple

#### Leadership

# Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple

New research reveals how sports clubs manage integrity issues - AUT

**公** Save insight

#### Leadership

#### New research reveals how sports clubs manage integrity issues - AUT

Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions

#### Leadership

#### Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions

Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions

Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot

₩ Save insight

#### Leadership

#### IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot

Enhancing Participation Pathways for Women Coaches in Community Sport

Save insight

#### Leadership

#### **Enhancing Participation Pathways for Women Coaches in Community Sport**

A development experience to remember

Save insight

Leadership

Leadership

#### A development experience to remember

<u>A development experience to remember</u>  $\overleftrightarrow$  Save insight

#### Leadership

#### A development experience to remember

Parents Guide to getting young women and girls physically active

#### Leadership

### Parents Guide to getting young women and girls physically active

By Briana irving - Aktive - Auckland Sport & Recreation <u>HERA Coaching Young Women and Girls Toolkit</u>

☆ Save insight

Leadership

# HERA Coaching Young Women and Girls Toolkit

By Briana irving - Aktive - Auckland Sport & Recreation <u>IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports</u>

☆ Save insight

IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports

Save insight

#### Leadership

# IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

#### Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

Hera principles

Leadership

#### Hera principles

By Briana irving - Aktive - Auckland Sport & Recreation <u>IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports</u>

G Save insight

Leadership

# IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

#### Leadership

# IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

IWG: Akane Mikura - JBA progress of developing women coach

Leadership

# IWG: Akane Mikura - JBA progress of developing women coach

<u>Te Whāriki Hou- Te Mana o te Wahine</u>

☆ Save insight

💦 Te Whāriki Hou

#### Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand <u>IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture</u>

₩ Save insight

#### Leadership

# IWG: Dr Lana McCarthy There's No One Way To Coach: Practitioner' Perspectives On Team Leadership And Culture

Cycling great dodges potholes in life after sport

Save insight

#### Leadership

#### Cycling great dodges potholes in life after sport

Fern juggles player and coach roles

☆ Save insight

#### Leadership

#### Fern juggles player and coach roles

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!

#### Leadership

# **Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!**

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

#### Leadership

#### Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report

By Rachel Howells - Sport New Zealand <u>Improving Women's Experiences of Mentorship in Canadian Coaching</u> Save insight

#### Leadership

#### Improving Women's Experiences of Mentorship in Canadian Coaching

Playing Sports May Be The Secret To Women's Career Success



#### Playing Sports May Be The Secret To Women's Career Success

Nuku Ora W&G Week Collaboration Session Save insight

#### Leadership

#### Nuku Ora W&G Week Collaboration Session

By Lily Joiner - Nuku Ora Whanake o te Kopara - Impacting young wahine Save insight

Leadership

#### Whanake o te Kōpara - Impacting young wāhine

By Merran Brockie-David - Women in Sport Aotearoa

# **Our Partners**

- Sport NZ Sport NZ
- NZ Foreign affairs and trade NZ Foreign affairs and trade
  SUS Embassy NZ US Embassy NZ

Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa



Instagram

- Twitter
- YouTube
- **Contact**
- FAQs
- Privacy policy
- Terms of use

© 2024 Women in Sport Aotearoa

# Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.

Name:	
Email:	
<u>Subscribe</u>	
$\times$	
Close pa	anel 💭 Women in Sport Aotearoa Insight Hub   Ngā Wāhine Hākinakina o Aotearoa

# Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First nan	ne:*	
Email:*		

# Preferences

Select those that apply to you to help us customise your Insight Hub experience.

#### **Insight Themes**

- 🗸
  - All
- 🗹
- Leadership
- 🗹
- Social Change
- 🗹
- Active Lives
- 🔽
- High Performance
- Visibility and Voice

#### **Insight Content Types**

- 🗹 All
- Research
- 🔽
- Case studies
- 🔽 News stories
- $\sim$ 
  - Toolkits

Subscribe now