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# **Rally Report 2024**

Theme: Participation

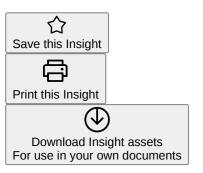
Rally Report 2024

Canadian Women & Sport

#### Canadian Women & Sport

Understanding girls' experiences is the first step in transforming the sport and physical activity system in Canada so that all girls can play. Rally Report 2024, developed in partnership with Canadian Tire Jumpstart Charities and global insight consultancy IMI Consulting, aims to champion girls' voices, and support and inspire sport leaders with fresh insights into how they can reimagine sport and create more equitable, inclusive environments.

Access the report here.



#### Was this Insight helpful?



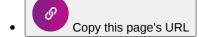


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Women in Trail Running - Aotearoa 2015-24



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#### Women in Trail Running - Aotearoa 2015-24

Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week



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#### Kea Kids News: Skateboarding girls are dropping in on Iron Awareness Week

<u>UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports</u>



Participation

# UN Report of the Special Rapporteur on violence against women and girls, its causes and consequences - Violence against women and girls in sports

Adventures doing a POWA of good

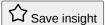


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#### Adventures doing a POWA of good

By Angela Walker - LockerRoom

Is Paris 2024 really achieving its goals for gender equality?



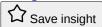
# Is Paris 2024 really achieving its goals for gender equality? By Victoria University Melbourne Australia - Victoria University | Melbourne Australia New legislation for gender identity and sex characteristics in Queensland sport Save insight Participation New legislation for gender identity and sex characteristics in Queensland sport By Victoria University Melbourne Australia - Victoria University | Melbourne Australia Strength, power and aerobic capacity of transgender athletes: a cross-sectional study Save insight Participation Strength, power and aerobic capacity of transgender athletes: a cross-sectional study Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football Save insight Participation Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football Change in Action Week - Innovative Impact FINALIST - Active Wāhine Save insight Participation Change in Action Week - Innovative Impact FINALIST - Active Wāhine Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy Save insight Participation Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy Change in Action Week - Rangatahi FINALIST - Sylvia Brunt Save insight Participation Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

Change in Action Week - Innovative Impact FINALIST - Wahine Toa

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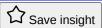
Change in Action Week - Rangatahi Winner - Carmel College



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#### Change in Action Week - Rangatahi Winner - Carmel College

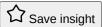
ADIDAS BREAKING BARRIERS RESEARCH



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#### ADIDAS BREAKING BARRIERS RESEARCH

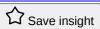
Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



Participation

#### Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

A 2024 SURVEY FOR: Women in Trail and Ultrarunning

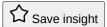


Participation

#### A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

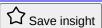
2022 IWG: Christine Young - Integrity in HP Youth Sport



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#### 2022 IWG: Christine Young - Integrity in HP Youth Sport

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



#### 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wahine in Sport



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## 2022 IWG: Nicole Terril - Bruce Pulman Park - Collaborating, Connecting, Enabling Our Wāhine in Sport

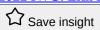
2022 IWG: Kirsten Spencer - Sport as a social development tool



Participation

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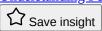
2022 IWG: Erin Hatton - Driving transformational change



Participation

#### 2022 IWG: Erin Hatton - Driving transformational change

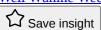
<u>Understanding Period Poverty Infographic</u>



Participation

## **Understanding Period Poverty Infographic**

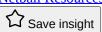
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

## Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators

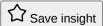


Participation

#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand

Girls Smash Modified Girls Only Cricket Programme



#### Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket

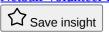
<u>Innovative approaches to encouraging women's participation in Golf</u>



Participation

## Innovative approaches to encouraging women's participation in Golf

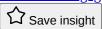
By Roxanna Holdworth - This is ME Netball Volunteer Programme



Participation

#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



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# Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

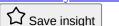


**Participation** 

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# **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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#### **Netball Player Development Programme**

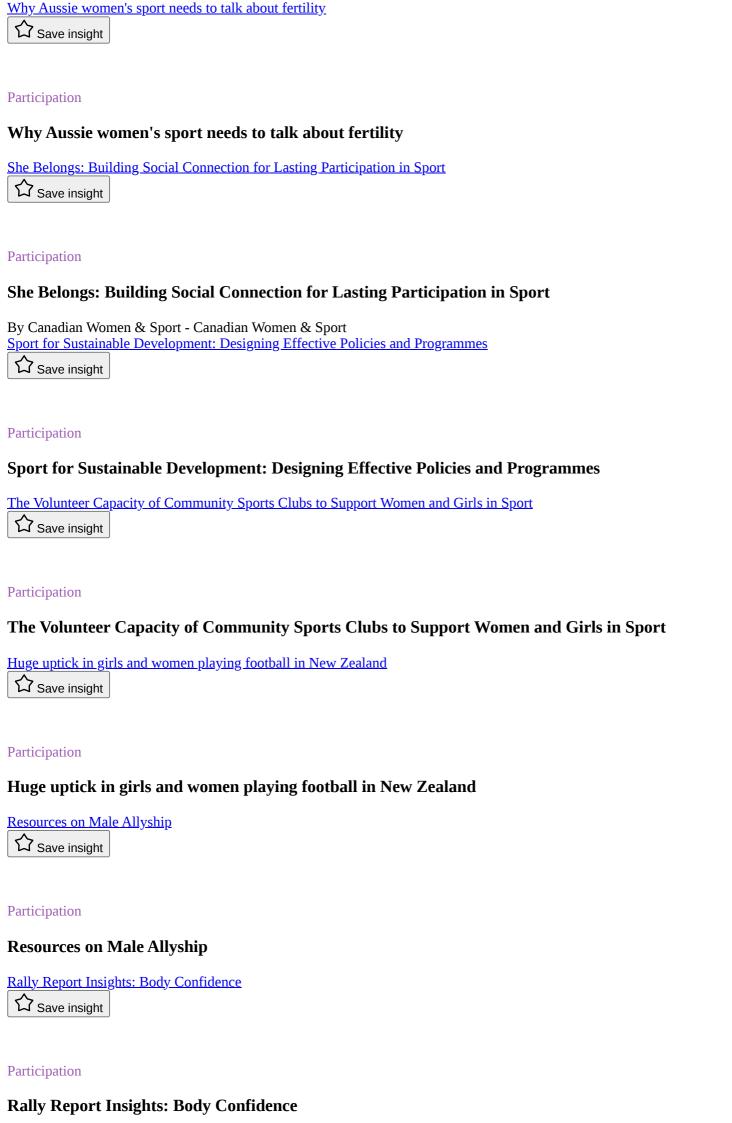
By Alysha Jensen - Netball New Zealand

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Rally Report Insi	g <u>hts: Mental Health</u>
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**Rally Report Insights: Mental Health** 

What type of uniforms do women want to wear when they referee or umpire sport?



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What type of uniforms do women want to wear when they referee or umpire sport?

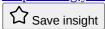
Women & Padel: Start of a love story



Participation

Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago

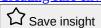


Participation

**Empowering young women to lead their experiences - Journeys Central Otago** 

By Rachel Howells - Sport New Zealand

<u>Creating safe environments for young women to be active their way</u>



Participation

Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



Participation

Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

Participation

#### Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

<u>For young women, by young women - WORD girls-only programme</u>



Participation

#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



Participation

#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand

Manawatū Cricket Association case study



Participation

# Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu

Backyard Smash & Sista Smash



Participation

# **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

The female-friendliness of New Zealand's tennis clubs



Participation

#### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

# **Removing Period Poverty As a Barrier to Participation**

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand

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Te Awamutu AFC starts 2024 off strong with growing demand Five things to know about women and sport
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Has the Olympics become too sexualised? How sex and gender debates drove online discourse
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Has the Olympics become too sexualised? How sex and gender debates drove online discourse
Pacific Women's Leadership Programme Impact - Sela Vaenuku
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IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
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Participation
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
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Save insight
Save insight  Participation
Participation "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes  Nutrition For Female Athletes
Participation "Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
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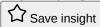
**Nutrition For Female Athletes** 

Coaching through a Gender Lens Infographic



#### Coaching through a Gender Lens Infographic

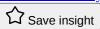
Angel City Equity House Podcast: Myth Busters presented by Gatorade



Participation

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2022 IWG: Emily Davidson - She Loves Golf Presentation



Participation

#### 2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

# Hikurangi Golf Club president Felice Croft encouraging more women into the sport

Running and periods: The myths about exercise and your menstrual cycle, debunked



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#### Running and periods: The myths about exercise and your menstrual cycle, debunked

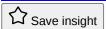
Updated Pregnancy guidance from UK Sport



Participation

# **Updated Pregnancy guidance from UK Sport**

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



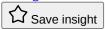
Participation

# **IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel Young Women Profile - September 2021



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#### Young Women Profile - September 2021

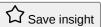
IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



Participation

# IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

New Zealand Football Performance & Prevention - Considerations for Female Athletes



Participation

#### **New Zealand Football Performance & Prevention - Considerations for Female Athletes**

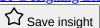
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

#### IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

# **Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana irving - Aktive - Auckland Sport & Recreation

How To Co-Design A Programme With Participants



Participation

Participation

#### **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

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Empowering Disengaged Girls Through A Participant-Centered Programme
By Briana irving - Aktive - Auckland Sport & Recreation  Aktive Women & Girls Facility Guide  Save insight
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Aktive Women & Girls Facility Guide
Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"  Save insight
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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"
By Rachel Howells - Sport New Zealand Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences" Save insight
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Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"
By Rachel Howells - Sport New Zealand  IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?  Save insight
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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?
Supporting Disabled Teenage Girls to be Active  Save insight
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Supporting Disabled Teenage Girls to be Active

Empowering Disengaged Girls Through A Participant-Centered Programme

400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

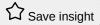
Save insight

Save insight

# 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



Participation

# Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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