

Open search panel



Search

Search the Insight Hub...

Cancel

- [Insights](#)
[Rangahau](#)
- [Events](#)
[Hui](#)
- [Partnerships](#)
[Rangapū](#)
- [Impact](#)
[Whakaaweawe](#)
- About
Mō Mātou
 - [Overview](#)
 - [History](#)
 - [Support](#)
-  [0](#)
[Saved](#)

 [0](#) [Saved](#)

 EN 

- [Sign in](#)
- [Submit](#) 

Toggle navigation

[Submit](#) 

Progressing gender equity in senior leadership: a systematic literature review

Theme:
Leadership



Co-authored by Michelle Gander Department of Sociology, Flinders University, Adelaide, Australia, and Fleur Sharafizad School of Business and Law, Edith Cowan University, Joondalup, Australia

Abstract

Purpose – This study aim to review and compile the latest research in women’s leadership internationally and across multiple sectors and industries to understand how to fast-track gender equality. As an outcome of this review, this paper presents an actionable universal framework for organisations to use to bolster their gender equity efforts.

Design/methodology/approach – A systematic literature review methodology resulted in 36 articles dedicated to research on women in senior leadership interventions across countries and organisational types.

Thematic analysis identified a series of enablers and barriers that influence women’s progression into senior roles.

Findings – Research since 2020 has shown a significant shift from an individualised approach to improving women’s advancement to senior leadership roles, to a systematic one, acknowledging that there are entrenched behaviours resulting in a lack of equity.

Research limitations/implications – Systematic literature reviews, although reducing bias, must still be acknowledged to have inherent bias due to the inclusion and exclusion criteria used. There is a need for future research to provide more theoretical underpinnings to advance knowledge and for implementation and review of the proposed EQUAL framework developed fromthis study.


Originality/value – The authors highlight the continuing issues at play in organisations that act as barriers to women’s progress into senior leadership. This paper suggest that organisations may need to consider ways to move past a “business case” approach towards gender equity becoming embedded at all levels. Their proposed EQUAL framework provides a practical set of evidence-based activities to enhance this approach.


Keywords Gender equity, Leadership, Systematic literature review


Paper type Literature review

Downloads & Resource Files

- [Gander & Sharafizad \(2025\).pdf 380KB PDF](#)


Save this Insight


Print this Insight


Download Insight assets
For use in your own documents

Was this Insight helpful?




Share this Insight


-  [Facebook](#)

•  [Twitter](#)

•  [Email](#)

•  Copy this page's URL


 Save this Insight

 Print this Insight

 Download Insight assets



[Email this Insight](#)

 Close 'Download Insight Assets' modal

Download Insight assets


- [Progressing gender equity in senior leadership: a systematic literature review.pdf](#)
- [Gander & Sharafizad \(2025\).pdf 380KB PDF](#)
- [Screenshot 2025-04-08 141734.png 80KB PNG](#)

Was this Insight useful?



Similar Insights (132)

[Celebrating the Success of the Young Pacific Leaders Women’s Sports Programme 2025](#)

 Save insight

Leadership

Celebrating the Success of the Young Pacific Leaders Women’s Sports Programme 2025

By Merran Brockie-David - Women in Sport Aotearoa


[How rowing shapes resilient leaders](#)

 Save insight

Leadership

How rowing shapes resilient leaders

[Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga](#)

 Save insight

Leadership

Pacific Women’s Sports Leadership Programme Expands: On-Island Workshops Coming to Fiji & Tonga


[Young Pacific Leaders Women's Sports Programme - Week One Video](#)

 Save insight

Leadership

Young Pacific Leaders Women's Sports Programme - Week One Video


By Merran Brockie-David - Women in Sport Aotearoa
[Sport Horizon UK’s Annual Training Plan – Free Download](#)

 Save insight

Leadership

Sport Horizon UK’s Annual Training Plan – Free Download

[Fresh off the Field](#) podcast featuring [WISPA CEO Nicky van den Bos](#)

 Save insight

Leadership

Fresh off the Field podcast featuring **WISPA CEO Nicky van den Bos**


[Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand](#)

 Save insight

Leadership

Young Pacific Leaders Sports Programme Off to a Strong Start in Aotearoa, New Zealand


By Merran Brockie-David - Women in Sport Aotearoa
[From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders](#)

 Save insight

Leadership

From Aotearoa to the Pacific: 11 New Zealand Sports Organisations Back 2025 YPL Sports Programme to Shape Future Leaders


By Merran Brockie-David - Women in Sport Aotearoa
[SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'](#)

 Save insight

Leadership

SailGP trailblazers to rising Kiwi stars - 'Don't let failure hold you back!'

[King and Kloss: More to be conquered](#) What drives [Billie Jean King](#) and [Ilana Kloss](#) to power forward with decades-long support of [women’s sports](#)

 Save insight

Leadership

King and Kloss: More to be conquered What drives Billie Jean King and Ilana Kloss to power forward with decades-long support of women’s sports


[Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions](#)

 Save insight

Leadership

Pipeline Project - 2024 Employment Overview - NCAA Football Bowl Subdivisions

[Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport](#)


 Save insight

Leadership

Young Pacific Leaders Women’s Sport Programme Announces Selection of 14 Emerging Female Leaders in Sport

By Merran Brockie-David - Women in Sport Aotearoa

[Marguerite delighted to receive New Year Honour](#)

 Save insight

Leadership

Marguerite delighted to receive New Year Honour

By Steve Landells - Paralympics New Zealand

[Roche relishing Boccia to Wheelchair rugby switch](#)

 Save insight

Leadership

Roche relishing Boccia to Wheelchair rugby switch

By Steve Landells - Paralympics New Zealand

[U.S. Soccer announces landmark \\$30 million donation for women's programme](#)

 Save insight

Leadership

U.S. Soccer announces landmark \$30 million donation for women’s programme

[Champion coach’s surprise pivot to the men](#)


 Save insight

Leadership

Champion coach’s surprise pivot to the men

By Suzanne McFadden - LockerRoom


[Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand](#)

 Save insight

Leadership

Sports Mentoring delegate hopes to bring lessons from NHL to home in New Zealand

[Young Pacific Leaders Women’s Sport Programme to empower emerging female leaders in the Pacific Islands](#)


 Save insight

Leadership

Young Pacific Leaders Women’s Sport Programme to empower emerging female leaders in the Pacific Islands

By Merran Brockie-David - Women in Sport Aotearoa


[Rise and Thrive: Empowering female coaches](#)

 Save insight

Leadership

Rise and Thrive: Empowering female coaches

[Young Pacific Leaders Women's Sports Programme](#)


 Save insight

Leadership

Young Pacific Leaders Women's Sports Programme

By Merran Brockie-David - Women in Sport Aotearoa


[Football Victoria Making Change](#)

 Save insight

Leadership

Football Victoria Making Change

[Female full-court press in basketball takeover](#)


 Save insight

Leadership

Female full-court press in basketball takeover

By Suzanne McFadden - LockerRoom

[Change in Action Week - Innovative Impact FINALIST - Cambridge FC](#)

 Save insight

Leadership

Change in Action Week - Innovative Impact FINALIST - Cambridge FC

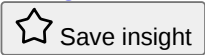
[Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa](#)



Leadership

Change in Action Week - Wāhine Toa FINALIST - Macarena Carrascosa

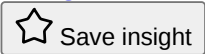
[Change in Action Week - Dad's as Allies FINALIST - Dan Doland](#)



Leadership

Change in Action Week - Dad's as Allies FINALIST - Dan Doland

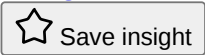
[Change in Action Week - Digital Innovation FINALIST - Brad Lenko](#)



Leadership

Change in Action Week - Digital Innovation FINALIST - Brad Lenko

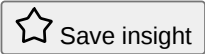
[Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt](#)



Leadership

Change in Action Week - Wāhine Toa FINALIST - Te Aroha Papanui-Hunt

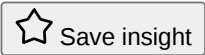
[Change in Action Week - Pioneer of Change FINALIST - Dino Michalakakis](#)



Leadership

Change in Action Week - Pioneer of Change FINALIST - Dino Michalakakis

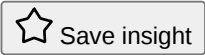
[Akarana Falcons front with all-female coaching staff](#)



Leadership

Akarana Falcons front with all-female coaching staff

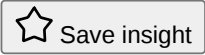
[Change in Action Week - Dad's as Allies FINALIST - Tyson Waina](#)



Leadership

Change in Action Week - Dad's as Allies FINALIST - Tyson Waina

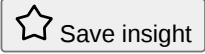
[Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart](#)



Leadership

Change in Action Week - Pioneer of Change FINALIST - Crispian Stewart

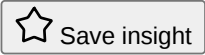
[Change in Action Week - Pioneer of Change Winner - Kimberley Kan](#)



Leadership

Change in Action Week - Pioneer of Change Winner - Kimberley Kan

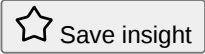
[Change in Action Week - Wāhine Toa Winner - Shanee Kiriau](#)



Leadership

Change in Action Week - Wāhine Toa Winner - Shanee Kiriau

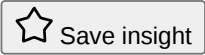
[Change in Action Week - Dad's as Allies Winner - Ben Quane](#)



Leadership

Change in Action Week - Dad's as Allies Winner - Ben Quane

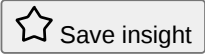
[Play to Lead: The Generational Impact of Sport on Women’s Leadership](#)



Leadership

Play to Lead: The Generational Impact of Sport on Women’s Leadership

[Rise & Thrive Coaching Course - Manawatū](#)

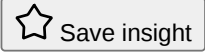


Leadership

Rise & Thrive Coaching Course - Manawatū

By Merran Brockie-David - Women in Sport Aotearoa

[Whanake o te Kōpara - Four Year Impact Report](#)



Leadership

Whanake o te Kōpara - Four Year Impact Report


By Merran Brockie-David - Women in Sport Aotearoa
[NZC prioritise understanding of Female Athlete Health](#)

 Save insight

Leadership

NZC prioritise understanding of Female Athlete Health


By Jess Davidson - New Zealand Cricket
[Whanake o te Kōpara case study - Daneka Geaney-Jones](#)

 Save insight

Leadership

Whanake o te Kōpara case study - Daneka Geaney-Jones


By Merran Brockie-David - Women in Sport Aotearoa
[Gender Equity in Coaching Webinar](#)

 Save insight

Leadership

Gender Equity in Coaching Webinar


By Canadian Women & Sport - Canadian Women & Sport
[Women and Girls Referees: Building a Transformative Infrastructure](#)

 Save insight

Leadership

Women and Girls Referees: Building a Transformative Infrastructure


By Sarah Leberman MNZM - Women in Sport Aotearoa
[One woman, two chairs at top of NZ sport](#)

 Save insight

Leadership

One woman, two chairs at top of NZ sport

[2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership](#)

 Save insight

Leadership

2022 IWG: Kirsten Spencer - Gender and variation of experience, background and aspiration on leadership

[Tātāwhāinga - Episode 10: Gender Equity](#)

 Save insight

Leadership

Tātāwhāinga - Episode 10: Gender Equity

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 9: Sport Leadership](#)


 Save insight

Leadership

Tātāwhāinga - Episode 9: Sport Leadership

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation](#)


 Save insight

Leadership

Tātāwhāinga - Episode 8: Leadership in Action: The Shift Foundation

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1](#)


 Save insight

Leadership

Tātāwhāinga - Episode 4: Athletes: Humans or Commodities Part 1

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes](#)


 Save insight

Leadership

Tātāwhāinga - Episode 3: Commercial Sports Organisations: a Case Study of the Hurricanes

By Erin Roxburgh - Women in Sport Aotearoa

[Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle](#)


 Save insight

Leadership

Tātāwhāinga - Episode 2: Sport Governance and Funding with Raelene Castle

By Erin Roxburgh - Women in Sport Aotearoa

[The Aotearoa Legacy](#)

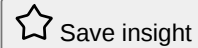
 Save insight

Leadership

The Aotearoa Legacy

By Peta Forrest - Women in Sport Aotearoa

[Young Women's Leadership Programme](#)

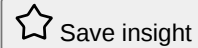


Leadership

Young Women's Leadership Programme

By Sarah Leberman MNZM - Women in Sport Aotearoa

[IWG 2022 Progress Report](#)

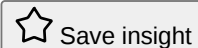


Leadership

IWG 2022 Progress Report

By Robyn Cockburn - LUMIN

[Women & Girls Action Plan](#)

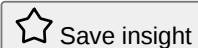


Leadership

Women & Girls Action Plan

By Maddi Mclean - Sport New Zealand

[Ako Wāhine: Journey of Learning](#)

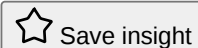


Leadership

Ako Wāhine: Journey of Learning

By Heather Dawson - New Zealand Rugby

[Gender and Variation of Experience](#)

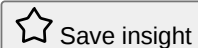


Leadership

Gender and Variation of Experience

By Kirsten Spencer - Auckland University of Technology

[New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course](#)




Leadership

New Zealand Coach selected for Inaugural FIBA / WABC Female Instructor Course

By Amy McClintock - Basketball New Zealand


[Most kids are only coached by men in junior sport – women need to be part of the picture, too](#)

 Save insight

Leadership

Most kids are only coached by men in junior sport – women need to be part of the picture, too


[Charmaine Smith cherishing opportunity to play international rugby](#)

 Save insight

Leadership

Charmaine Smith cherishing opportunity to play international rugby


[Professional athletes share the struggle of motherhood and their careers](#)

 Save insight

Leadership

Professional athletes share the struggle of motherhood and their careers


[Te Hāpaitanga’s role in advancing women in high performance coaching](#)

 Save insight

Leadership

Te Hāpaitanga’s role in advancing women in high performance coaching


[Keeping our Olympians cool, calm and bug-free](#)

 Save insight

Leadership

Keeping our Olympians cool, calm and bug-free


[King's Birthday honours](#)

 Save insight

Leadership

King's Birthday honours

[Case Study – Annalie Longo - LockerRoom](#)

 Save insight

Leadership

Case Study – Annalie Longo - LockerRoom

[LockerRoom Story: Case Study - Rushlee Buchanan](#)

 Save insight

Leadership

LockerRoom Story: Case Study - Rushlee Buchanan


[IWG: Mel Johnston - Women in Community Sport Club Leadership](#)

 Save insight

Leadership

IWG: Mel Johnston - Women in Community Sport Club Leadership

[Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand](#)

 Save insight

Leadership

Te Hāpaitanga: Women breaking boundaries and reshaping sports leadership in New Zealand

[Young Women's Leadership Opportunity Provides Huge Value](#)

 Save insight

Leadership

Young Women's Leadership Opportunity Provides Huge Value

[Value of your network – Whanake o te Kōpara - Ellie Eastwood](#)

 Save insight

Leadership

Value of your network – Whanake o te Kōpara - Ellie Eastwood


[Chiefs create tie to assist women’s rugby in New Zealand and Japan](#)

 Save insight

Leadership

Chiefs create tie to assist women’s rugby in New Zealand and Japan

[Trailblazing surf star lines up new gig](#)

 Save insight

Leadership

Trailblazing surf star lines up new gig

[Sport NZ announces 2024 Sport And Recreation Award Winners](#)

 Save insight

Leadership

Sport NZ announces 2024 Sport And Recreation Award Winners

[Women in Sport Recruitment and Retention Guidelines](#)

 Save insight

Leadership

Women in Sport Recruitment and Retention Guidelines


[Pacific Leadership Programme - Impacting Pacific Women & Girls](#)

 Save insight

Leadership

Pacific Leadership Programme - Impacting Pacific Women & Girls

By Merran Brockie-David - Women in Sport Aotearoa
[Gender Equity is Good Governance – Lessons from the Sport Sector](#)

 Save insight

Leadership

Gender Equity is Good Governance – Lessons from the Sport Sector


[IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts](#)

 Save insight

Leadership

IWG: Sanna Erdogan - Resilient Pioneers: Top Level Women Coaches in Martial Arts


[IWG: Emma Evans - Advancing leadership across the Pacific](#)

 Save insight

Leadership

IWG: Emma Evans - Advancing leadership across the Pacific


[2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.](#)

 Save insight

Leadership

2022 IWG Lightening Talk: Araba Chintoh -Transgender Players and Girls & Women’s Sport: How Your Sport Can Make the Most Informed Decision.


[Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys](#)

 Save insight

Leadership

Ricky Henry given green light to continue leading Kiwi Ferns while also coaching Cowboys

[Strategies that Male Allies Use to Advance Women in the Workplace](#)

 Save insight

Leadership

Strategies that Male Allies Use to Advance Women in the Workplace

[Trailblazing basketballer making history in All Blacks management](#)

 Save insight

Leadership

Trailblazing basketballer making history in All Blacks management

[REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE](#)

 Save insight

Leadership

REPORT: ANALYSIS OF CAREER PATHWAYS OF BRITISH POSTHOLDERS IN INTERNATIONAL SPORT GOVERNANCE

By Sarah Leberman MNZM - Women in Sport Aotearoa

[Kiwi breaks the grass ceiling](#)

 Save insight

Leadership

Kiwi breaks the grass ceiling

[Grief, recriminations, then gold: How the wheel has turned for Cycling NZ](#)

 Save insight

Leadership

Grief, recriminations, then gold: How the wheel has turned for Cycling NZ

[Pacific Women's Leadership Programme - Host organisation impact](#)

 Save insight

Leadership

Pacific Women's Leadership Programme - Host organisation impact

By Merran Brockie-David - Women in Sport Aotearoa


[Women, Sport & Governance](#)

 Save insight

Leadership

Women, Sport & Governance


[Ann Downey: Great female coaches are there, they just need to be asked](#)

 Save insight

Leadership

Ann Downey: Great female coaches are there, they just need to be asked


[The Reykjavík Index for Leadership](#)

 Save insight

Leadership

The Reykjavík Index for Leadership


['I'm saying this for the first time': AB's manager's road to the top](#)

 Save insight

Leadership

'I'm saying this for the first time': AB's manager's road to the top


[Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager](#)

 Save insight

Leadership

Megan Compain: NZ’s First Pro Basketball Player in the USA & All Blacks' New Commercial Manager


[Lisa O'Keefe: Uniting women’s sport across the world \(Podcast\)](#)

 Save insight

Leadership

Lisa O'Keefe: Uniting women’s sport across the world (Podcast)

[Sports Management Training Programme empowering women in Africa](#)

 Save insight

Leadership

Sports Management Training Programme empowering women in Africa
[Bringing Gender in Tool](#)

 Save insight

Leadership

Bringing Gender in Tool

[Celebrating Champions of Change: Helene Wilson](#)

 Save insight

Leadership

Celebrating Champions of Change: Helene Wilson


[How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?](#)

 Save insight

Leadership

How can we best support women with family or caregiving responsibilities to excel as a high-performance coach?

[Celebrating Champions of Change: Rebecca Rolls](#)

 Save insight

Leadership

Celebrating Champions of Change: Rebecca Rolls


[Pacific Women's Leadership impact: Pualele Craig](#)

 Save insight

Leadership

Pacific Women's Leadership impact: Pualele Craig


By Merran Brockie-David - Women in Sport Aotearoa
[5 4 3 2 1 Paris: Luuka Jones](#)

 Save insight

Leadership

5 4 3 2 1 Paris: Luuka Jones

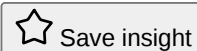
[Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei](#)

 Save insight

Leadership

Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei

[IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women](#)



Leadership

IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women

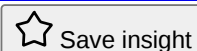
[Launch of Basketball New Zealand Emerging Leaders Programme!](#)



Leadership

Launch of Basketball New Zealand Emerging Leaders Programme!

[Wonder Women: Women Who Lead initiative launched](#)



Leadership

Wonder Women: Women Who Lead initiative launched

[IWG: Michelle DeHighden - Developing our NextGEN Female Coaches](#)



Leadership

IWG: Michelle DeHighden - Developing our NextGEN Female Coaches

[Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion](#)



Leadership

Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion

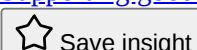
[Black Ferns leader's momentous rugby deal](#)



Leadership

Black Ferns leader's momentous rugby deal

[Supporting good governance through board gender diversity](#)



Leadership


Supporting good governance through board gender diversity
[Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple](#)

 Save insight

Leadership

Super Rugby Aupiki: Return to rugby daunting proposition for new mum, former Black Fern Chelsea Semple


[New research reveals how sports clubs manage integrity issues - AUT](#)

 Save insight

Leadership

New research reveals how sports clubs manage integrity issues - AUT


[Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions](#)

 Save insight

Leadership

Shaping attitudes: Exposure to women coaches and officials influences children and parent perceptions


[Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions](#)

 Save insight

Leadership

Shaping Attitudes: Exposure to Women Coaches and Officials Influences Children and Parent Perceptions


[IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot](#)

 Save insight

Leadership

IWG: Helene Wilson - What happens when you create space in the system - Women in HP Sport Pilot


[Enhancing Participation Pathways for Women Coaches in Community Sport](#)

 Save insight

Leadership

Enhancing Participation Pathways for Women Coaches in Community Sport

[A development experience to remember](#)


 Save insight

 Leadership

Leadership

A development experience to remember


[A development experience to remember](#)

 Save insight

Leadership

A development experience to remember

[Parents Guide to getting young women and girls physically active](#)

 Save insight

Leadership

Parents Guide to getting young women and girls physically active

By Briana irving - Aktive - Auckland Sport & Recreation

[HERA Coaching Young Women and Girls Toolkit](#)

 Save insight

Leadership

HERA Coaching Young Women and Girls Toolkit

By Briana irving - Aktive - Auckland Sport & Recreation


[IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports](#)

 Save insight

Leadership

IWG: Alexia Lopes - "No tits in the pits!": An exploratory research of female leaders in motorsports


[IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports](#)

 Save insight

Leadership

IWG: Vaidehi Vaidya, Women in Sport India - Mentoring the future leaders of women's sports


[IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.](#)

 Save insight

Leadership

IWG: Tania Cassidy & Jessica Fuller - Building capability in NZ female football coaches: The journey of a mentor and mentee.

[Hera principles](#)

 Save insight

Leadership

Hera principles

By Briana irving - Aktive - Auckland Sport & Recreation
[IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports](#)

☆ Save insight

Leadership

IWG: Sari Tuunainen - Coach Like a Woman in Combat Sports

[IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing](#)

☆ Save insight

Leadership

IWG: Hanna Huumonen - Bye bye, binary! Introducing intersectionality in sports instructing

[IWG: Akane Mikura - JBA progress of developing women coach](#)

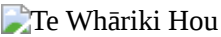
☆ Save insight

Leadership

IWG: Akane Mikura - JBA progress of developing women coach

[Te Whāriki Hou- Te Mana o te Wahine](#)

☆ Save insight



Leadership

Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand
[IWG: Dr Lana McCarthy There’s No One Way To Coach: Practitioner’ Perspectives On Team Leadership And Culture](#)

☆ Save insight

Leadership

IWG: Dr Lana McCarthy There’s No One Way To Coach: Practitioner’ Perspectives On Team Leadership And Culture

[Cycling.great dodges potholes in life after sport](#)

☆ Save insight

Leadership


Cycling great dodges potholes in life after sport

[Fern juggles player and coach roles](#)

 Save insight

Leadership


Fern juggles player and coach roles
[Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!](#)

 Save insight

Leadership

Podcast: Raelene Castle: Leadership Lessons as CEO of Rugby Australia, Bulldogs, Sport New Zealand and more!


[Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report](#)

 Save insight

Leadership

Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report


By Rachel Howells - Sport New Zealand
[Improving Women’s Experiences of Mentorship in Canadian Coaching](#)

 Save insight

Leadership

Improving Women’s Experiences of Mentorship in Canadian Coaching


[Playing Sports May Be The Secret To Women’s Career Success](#)

 Save insight

Leadership

Playing Sports May Be The Secret To Women’s Career Success


[Nuku Ora W&G Week Collaboration Session](#)

 Save insight

Leadership

Nuku Ora W&G Week Collaboration Session




By Lily Joiner - Nuku Ora
[Whanake o te Kōpara - Impacting young wāhine](#)

 Save insight

Leadership

Whanake o te Kōpara - Impacting young wāhine

Our Partners

-  Sport NZ
-  NZ Foreign affairs and trade
-  US Embassy NZ

[Women in Sport Aotearoa Insight Hub](#) | [Ngā Wāhine Hākinakina o Aotearoa](#)

-  [Facebook](#)
-  [Instagram](#)
-  [Linkedin](#)
-  [TikTok](#)
-  [YouTube](#)
- [Contact](#)
- [FAQs](#)
- [Privacy policy](#)
- [Terms of use](#)

© 2025 Women in Sport Aotearoa

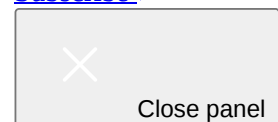
Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.


Name:

Email:

[Subscribe](#) >



Close panel

 Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First name:*

Email:*

Preferences

Select those that apply to you to help us customise your Insight Hub experience.

Insight Themes

- ☒ All
- ☒ Leadership
- ☒ Social Change
- ☒ Active Lives
- ☒ High Performance
- ☒

Insight Content Types

- ☒ All
- ☒ Research
- ☒ Case studies
- ☒ News stories
- ☒ Toolkits

Subscribe now >