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# Netball Volunteer Programme

Theme:  
Participation

 Netball Volunteer Programme

[Jenna Murie](#)  
 Netball New Zealand

## **Cadbury has been Netball New Zealand's (NNZ's) official Volunteer Partner since 2019. The NNZ Volunteer Programme has been designed to uphold our Volunteer Strategy.**

The four main objectives of this are:

1. The netball volunteer is at the centre of everything we do.
2. Tools are developed to make Netball Volunteering easier.
3. 'Thanking' is a part of our netball culture.
4. Netball volunteering is something that people want to do.

You can find more details about NNZ's volunteer strategy and resources in the link below.

Below is a breakdown of what we are doing within Netball in New Zealand Netball using Poipoia (the official Netball New Zealand strategy) to highlight, celebrate and recognise our Volunteers and bring this strategy to life.

### **1. Thanks Packs**

Starting the season with a reward based initiative, we wanted to say 'thank you' to our volunteers. In 2021, 46,739 Cadbury Chocolate dairy milk bars were distributed to Centre and Zone volunteers across New Zealand. A large scale initiative, the 'Thanks Packs' are a great way to say thank you and acknowledge the time and effort our volunteers put into the game.

### **2. Volunteer of the Month**

We created a simple nomination process for members of the community to nominate their local volunteer champions called Volunteer of the Month. This initiative, based around raising volunteer awareness, resulted in a total of 576 volunteer nominations from over 50 different Netball Centres around New Zealand in 2021. We were pleased to be able to hand out 129 Cadbury Hampers to our Volunteer of the Month winners. Centres were also encouraged to celebrate their volunteer champions on social media helping create a thanking culture and 'shining more light' on how much we value our volunteers.

### **3. Centre Activations**

We visited Netball Centres around New Zealand and ran Centre Activations encouraging new volunteer sign ups. Shooting competitions were run on the day, making this fun and engaging for families. Volunteer sign ups were encouraged through the netball volunteer microsite, increasing awareness around current volunteer opportunities and giving away Cadbury chocolate to prospective volunteers. This purpose-built website enables new volunteers to be connected with their local Centres and give back in the way they choose to. "Join the Netball whanau" signage was on display to convey this message in a simple and inclusive way.

### **4. Rewarding engagement**

Volunteers are important and it is important to look after our volunteers. That is why we want to thank those Centres who really do get involved in the Cadbury Volunteer Programme initiatives. A total of 5 signed Silver Fern Dresses are given to the most engaged New Zealand Netball Centres as an incentive to increase interest and participation in the programme.

Netball Volunteers.jpeg

Volunteers

Cadbury Volunteers

Building Champions

Waitakere, Georgina M, VOM, July 2021.png

Tyler Campbell VOM May 2021- waiuku with border.jpeg

Taranaki, Laura Seed, May 2021.png

Juliet M VOM August.jpeg

Deb - VOM Nelson.jpeg

Manurewa, VOM, July 2021.jpeg

Taranaki VOM.png

## 5. Resources

Part of our Volunteer Strategy refers to 'creating tools to make volunteering easier'. To date, NNZ has many Volunteer resources that have been created and are available on the NNZ website. A small sample of the type of documents that have been created so far are:

- Recruit Volunteers and Structure Volunteer Roles using GIVERS.pdf
- Ideas to Recruit Retain and Manage Volunteers based on GIVERS.pdf
- Volunteer Culture Check- Assessing and Making Change.pdf
- Importance of Volunteer Manager or Coordinator.pdf
- Volunteer Manager or Coordinator Role Structure.pdf
- Example Role Descriptions (*various*)
- Volunteer Support- your nearest Volunteer Centre.pdf
- Inducting your Volunteers.pdf
- Introduction to Team Managing.pdf
- Team Manager's Season Handbook.pdf
- General Game Statistics.pdf
- Shooting Statistics.pdf
- Player Well-Being.pdf

As part of the Volunteer Programme, there is also another project called NetballShare which is currently (2022) under way. This Project will create everyday, commonly used netball documents in an editable format and ensure these are available for our grassroots (club and school) netball administrators. By ensuring these are editable, we are providing helpful, guiding templates with best practice principles embedded within these so that our people don't have to 'recreate the wheel'. Ultimately, this will make netball more efficient and attractive for our volunteers who help facilitate our game. It is worth noting that this project was built using principles of Poipoia by ensuring we listened to what our people were wanting. We ran a nationwide survey about what would be most helpful for administrators to have and created the new documents directly from the survey results.

## 6. Sharing our Story

We want volunteering to be something people want to do and part of achieving that goal involves sharing our stories. As a result, 6 in-depth volunteer stories were published on the NNZ website and/or social media across the year. These stories were shared by Centres and also encouraged local conversations about volunteering. We value and really appreciate our volunteers and we want to highlight this.

## 7. Cadbury Volunteer Capability Fund (CVCF) pilot

In 2021, the Cadbury Volunteer Capability Fund pilot programme was developed and run, providing the framework for 10 Netball Centres in New Zealand to create their own Volunteer Strategy. The fund allowed Centres the capacity to have a dedicated Volunteer Lead to get this up and running. This programme included: being involved in the Cadbury initiatives, creating and implementing a Volunteer Management Plan and executing and reporting on 3 volunteer related initiatives over the course of the netball season. This programme allowed a 'deep dive' for Centres really wanting to learn more about Volunteer Management and personal support, should they need this, from Netball New Zealand. The pilot was successful and the CVCF programme has been approved to run again in 2022.

## 8. National and Student Volunteer week

Talking about volunteering is important. Seeing volunteering, and making volunteering more visible, is important. We want volunteers to feel valued, seen and to understand they are an important and vital part of the netball family. We ran social media campaigns to use the opportunity to highlight and discuss National Volunteer week (21 June 2021) and Student Volunteer Week (17 March 2021).

Continuing the volunteer discussion, we published the NNZ On-Court e-newsletters ensuring we shared and highlighted volunteers and their stories, talked about our volunteer award winners and reminded everyone to get involved.

## 9. Connection

Make it easy for volunteers to be involved. We think this should be simple and efficient. We created and ran an online, nationwide website/ sign up page for anyone wanting to volunteer or know more about volunteering and connected them with their local Netball Centre. This sign up page is linked on the NNZ website and accessed through a tablet sign up during Centre activations. The website can be found here: <https://netballvolunteer.co.nz/>

## 10. Cadbury Volunteer of the Year Awards

As part of our annual, prestigious New Zealand Netball Awards, we have included 5 volunteer award categories for which a volunteer can be nominated:

- Cadbury Volunteer Administrator of the Year
- Cadbury Volunteer Official of the Year
- Cadbury Volunteer Coach of the Year
- Cadbury Youth Volunteer of the Year
- Cadbury Community Volunteer Champion of the Year

Nominating a volunteer is the perfect way to acknowledge the work that they do which is why we open this to all volunteers across New Zealand. Including these Volunteer awards as part of the evening shows our inclusive approach and also how much we value the countless hours our volunteers give to netball each year.



[Play video](#)

[Thank you to our Volunteers in 2019](#)

## Related Links

-  <https://www.netballnz.co.nz/useful-info/resource-library/volunteers.>



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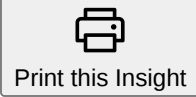
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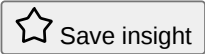
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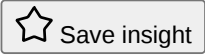
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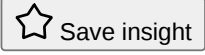
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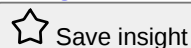
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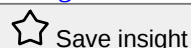
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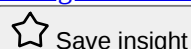
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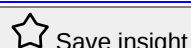
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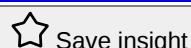
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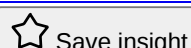
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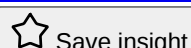


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## **GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN**

By Emma Evans - Sport New Zealand

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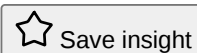


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By Ali Pottinger - Squadrun

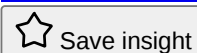
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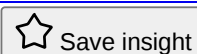
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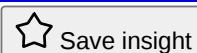
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By Jess Davidson - New Zealand Cricket

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By Kirsten Spencer - Auckland University of Technology

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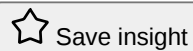
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## Netball Player Development Programme

By Alysha Jensen - Netball New Zealand

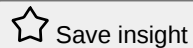
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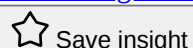
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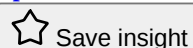


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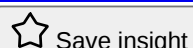
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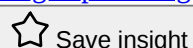
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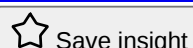
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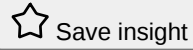
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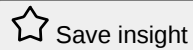
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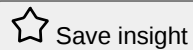
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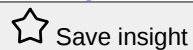


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By Rachel Howells - Sport New Zealand

[Creating safe environments for young women to be active their way](#)

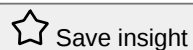


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By Rachel Howells - Sport New Zealand

[Kōhine māia](#)

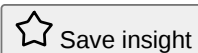


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## Kōhine māia

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[Yeah! Girls Move - Cricket not the way you know it](#)



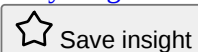
 Yeah! Girls Move

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### **Yeah! Girls Move - Cricket not the way you know it**

By Rachel Howells - Sport New Zealand

[For young women, by young women - WORD girls-only programme](#)



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[Not just for the "sporty", the Not-So-Sports-Club](#)

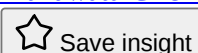


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### **Not just for the "sporty", the Not-So-Sports-Club**

By Rachel Howells - Sport New Zealand

[Manawatū Cricket Association case study](#)

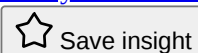


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### **Manawatū Cricket Association case study**

By Cheycoda Cocks - Sport Manawatu

[Backyard Smash & Sista Smash](#)

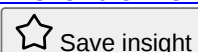


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### **Backyard Smash & Sista Smash**

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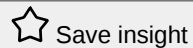
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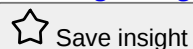
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## Nutrition For Female Athletes

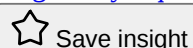
[Coaching through a Gender Lens Infographic](#)



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## Coaching through a Gender Lens Infographic

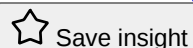
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## Angel City Equity House Podcast: Myth Busters presented by Gatorade

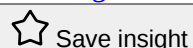
[2022 IWG: Emily Davidson - She Loves Golf Presentation](#)



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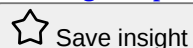
[Hikurangi Golf Club president Felice Croft encouraging more women into the sport](#)



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## Hikurangi Golf Club president Felice Croft encouraging more women into the sport

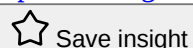
[Running and periods: The myths about exercise and your menstrual cycle, debunked](#)



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## Running and periods: The myths about exercise and your menstrual cycle, debunked

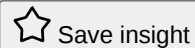
[Updated Pregnancy guidance from UK Sport](#)



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## Updated Pregnancy guidance from UK Sport

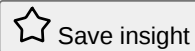
[IWG: Daenin Roth - Grassroots Role Models Inspiring Change](#)



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**IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

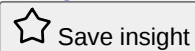
[IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel](#)



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**IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel**

[Young Women Profile - September 2021](#)



Participation

**Young Women Profile - September 2021**

[IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls](#)



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**IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls**

[New Zealand Football Performance & Prevention - Considerations for Female Athletes](#)



Participation

**New Zealand Football Performance & Prevention - Considerations for Female Athletes**

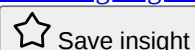
[IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill](#)



Participation

**IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill**

[Co-Designing Effective Programmes for Young Girls: Insights and Principles](#)

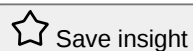


Participation

**Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana iring - Aktive - Auckland Sport & Recreation

[How To Co-Design A Programme With Participants](#)



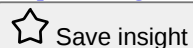
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## How To Co-Design A Programme With Participants

By Briana iring - Aktive - Auckland Sport & Recreation

[Empowering Disengaged Girls Through A Participant-Centered Programme](#)



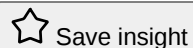
 Participation

Participation

## Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana iring - Aktive - Auckland Sport & Recreation

[Aktive Women & Girls Facility Guide](#)

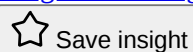


 Women & Girls Facility Guide

Participation

## Aktive Women & Girls Facility Guide

[Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"](#)

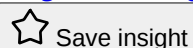


Participation

## Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

[Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"](#)

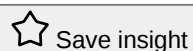


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## Insights to Young Women's Participation - Webinar #2 "Empowering young women to lead their experiences"

By Rachel Howells - Sport New Zealand

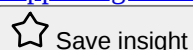
[IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?](#)



Participation

## IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

[Supporting Disabled Teenage Girls to be Active](#)

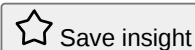




## Participation

### Supporting Disabled Teenage Girls to be Active

[400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL](#)

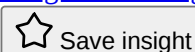


## Participation

### 400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

[Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"](#)



## Participation

### Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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