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Netball Player Development Programme

Theme: Participation

Netball Player Development Programme

Alysha Jensen
Netball New Zealand

In this case study, we hear from Netball New Zealand's implementation of the Player Development Programme and its impact on participants.

The programme was developed to: (1) provide more 11- and 12-year-old participants an opportunity to take part in skill development programmes (as opposed to the few who were historically selected into representative programmes run by netball centres); and (2) improve the quality of skill development programming provided to these participants. The case study ties together perspectives from Netball New Zealand, Netball Central and Netball Wellington Centre. As such this case study illustrates how competition structure changes aligned to Balance is Better were made across one sport's network (from national to local) and the impact of these changes.

What is the purpose of your project?

Replacing Year 7 & 8 representative programmes with skill development opportunities for more participants – lessons from the roll out of Netball New Zealand's Player Development Programme

What were the enablers that proved succesful?

- The Sport NZ Talent Plan
- Voice of the Participant Data
- ACC Injury Data
- Talent deselection & subsequent narrowing of the netball talent pool



Play video

Skill development for more participants - Lessons from Netball NZ's Player Development Programme

What impact did your project have?

- Estimated 700 extra participants received development opportunities
- High Participant Satisfaction
- Data collected indicated a decline in stakeholders feeding back to NNZ around improving player development programmes
- Majority of the Centres delivering Player Development Programmes

What were the outcomes for women?

- Education
- Resource Support
- Internal Alignment
- Planned Changes introduced at the NNZ AGM
- Network Support

Download Full Case Study

• Player Development Programme.pdf 540KB PDF

Player Development Plan (Part 2)

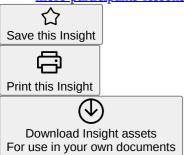
Player Development Plan (Part 1)

Player Development Plan (Part 2)

Player Development Plan (Part 1)

Related Links

https://balanceisbetter.org.nz/replacing-year-7-8-representative-programmes-with-skill-development-opportunities-formore-participants-lessons-from-the-roll-out-of-netball-new-zealands-player-development-progra/



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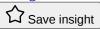
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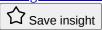
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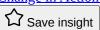
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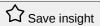
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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition



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Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

By Emma Evans - Sport New Zealand

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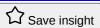


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A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun

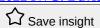
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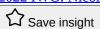
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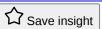
Understanding Period Poverty Infographic



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Understanding Period Poverty Infographic

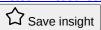
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



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Well Wāhine Week Case Study

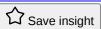
By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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Netball Resources for Clubs and School Administrators

By Jenna Murie - Netball New Zealand <u>Girls Smash Modified Girls Only Cricket Programme</u>



Participation

Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



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Innovative approaches to encouraging women's participation in Golf



Netball Volunteer Programme

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.

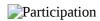


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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool





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Sport as a Social Development Tool

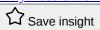
By Kirsten Spencer - Auckland University of Technology COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



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Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport



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She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



Sport for Sustainable Development: Designing Effective Policies and Programmes

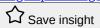
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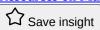
Huge uptick in girls and women playing football in New Zealand



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Huge uptick in girls and women playing football in New Zealand

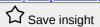
Resources on Male Allyship



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Resources on Male Allyship

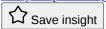
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Rally Report Insights: Body Confidence

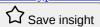
Rally Report Insights: Mental Health



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Rally Report Insights: Mental Health

What type of uniforms do women want to wear when they referee or umpire sport?



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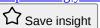
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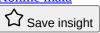


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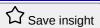


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Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

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For young women, by young women - WORD girls-only programme



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Not just for the "sporty", the Not-So-Sports-Club



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Not just for the "sporty", the Not-So-Sports-Club

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Manawatū Cricket Association case study



Manawatū Cricket Association case study

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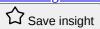
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The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



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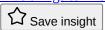
Te Awamutu AFC starts 2024 off strong with growing demand



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Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



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Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse



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<u>Hikurangi Golf Club president Felice Croft encouraging more women into the sport</u>



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New Zealand Football Performance & Prevention - Considerations for Female Athletes

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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Co-Designing Effective Programmes for Young Girls: Insights and Principles

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants



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How To Co-Design A Programme With Participants

By Briana irving - Aktive - Auckland Sport & Recreation <u>Empowering Disengaged Girls Through A Participant-Centered Programme</u>

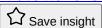


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Empowering Disengaged Girls Through A Participant-Centered Programme

By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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Insights to Young Women's Participation - Webinar #1 "Rethinking the offering"

By Rachel Howells - Sport New Zealand

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IWG: Helen Parker - Transgender competitors in women's sport - Change for the better?

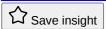
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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

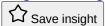


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400 Games: Melony O'Connor Reaches Refereeing Milestone in Sal's NBL

By Amy McClintock - Basketball New Zealand

<u>Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"</u>



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