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# HERA Coaching Young Women and Girls Toolkit

Theme:  
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 HERA Coaching Young Women and Girls Toolkit

[Briana irving](#)

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
**A tool kit for coaches to understand what girls want from a coach and how to create a safe and supportive environment. This tool kit will influence coaching styles to ensure that the delivery will bring the best out of the young women and girl's that are being coached.**

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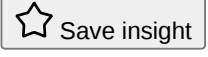
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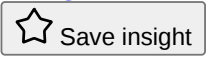
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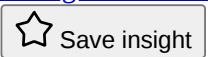
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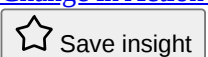
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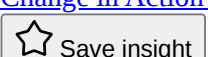
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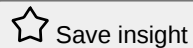
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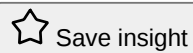
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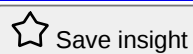


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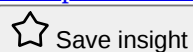


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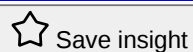


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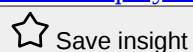


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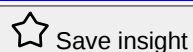


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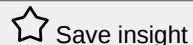


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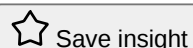
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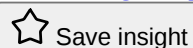
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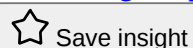


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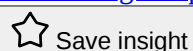


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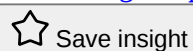


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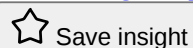


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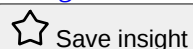


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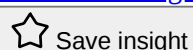


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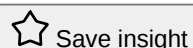


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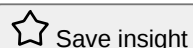


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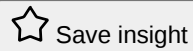


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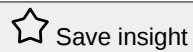


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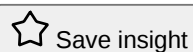


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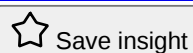
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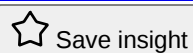
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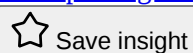
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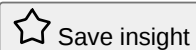
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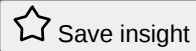
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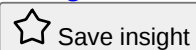
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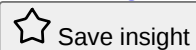
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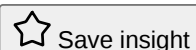
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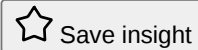
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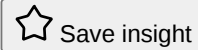
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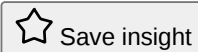
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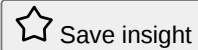


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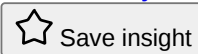
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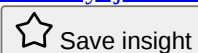
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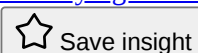
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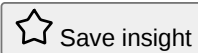
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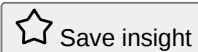


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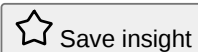
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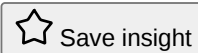
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## **Whanake o te Kōpara impact - 2023 Alumnae Kylie Heihei**

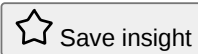
[IWG: Fran McEwen - Whanake o te Kōpara: co-designing a leadership programme for young women](#)



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[Launch of Basketball New Zealand Emerging Leaders Programme!](#)



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[Wonder Women: Women Who Lead initiative launched](#)



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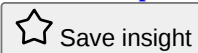
[IWG: Michelle DeHighden - Developing our NextGEN Female Coaches](#)



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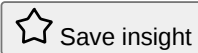
[Kiwi Yarns podcast: Kiwi rower Emma Twigg on what it takes to be an Olympic champion](#)



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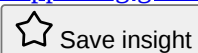
[Black Ferns leader's momentous rugby deal](#)



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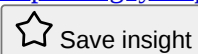
[Supporting good governance through board gender diversity](#)



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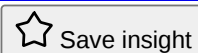
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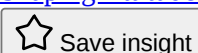
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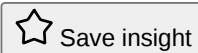




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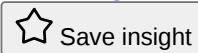
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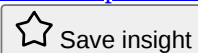
[Enhancing Participation Pathways for Women Coaches in Community Sport](#)



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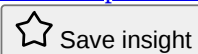
[A development experience to remember](#)



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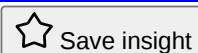
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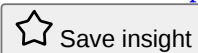


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## **Parents Guide to getting young women and girls physically active**

By Briana irving - Aktive - Auckland Sport & Recreation

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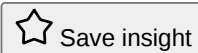
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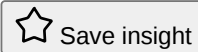
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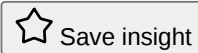


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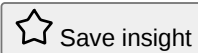
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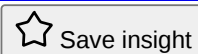
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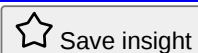
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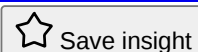
 Te Whāriki Hou

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By Amy McClintock - Basketball New Zealand

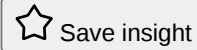
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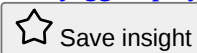
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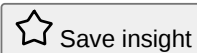
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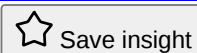
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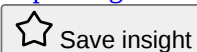


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By Rachel Howells - Sport New Zealand

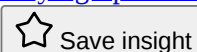
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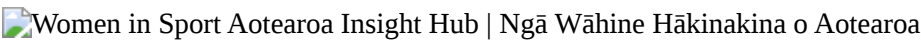
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