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# HERA Coaching Young Women and Girls Toolkit

Theme:  
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 HERA Coaching Young Women and Girls Toolkit

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
**A tool kit for coaches to understand what girls want from a coach and how to create a safe and supportive environment. This tool kit will influence coaching styles to ensure that the delivery will bring the best out of the young women and girl's that are being coached.**

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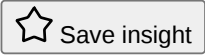
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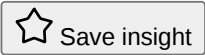
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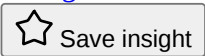
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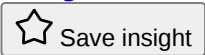
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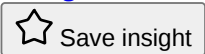
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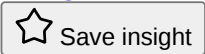
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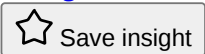
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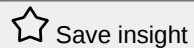
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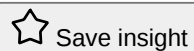
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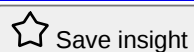


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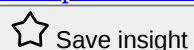


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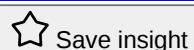


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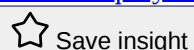


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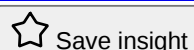


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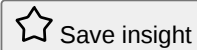


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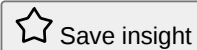
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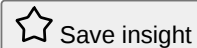
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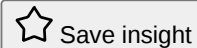


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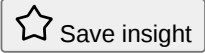
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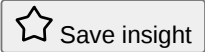


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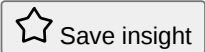
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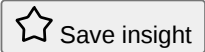
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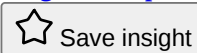
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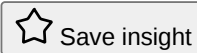
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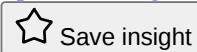
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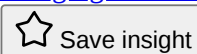
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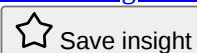
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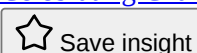
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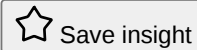
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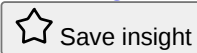
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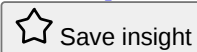
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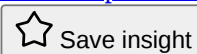
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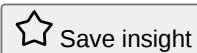
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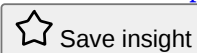


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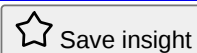
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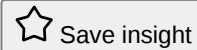
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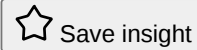
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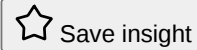


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## Hera principles

By Briana irving - Aktive - Auckland Sport & Recreation

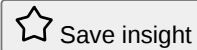
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 Te Whāriki Hou

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## Te Whāriki Hou- Te Mana o te Wahine

By Amy McClintock - Basketball New Zealand

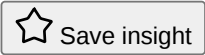
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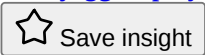
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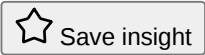
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**Fern juggles player and coach roles**

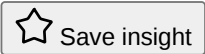
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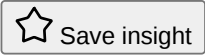


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**Women and Girls Strategy in Sport and Active Recreation - Sport NZ Commitment Progress Report**

By Rachel Howells - Sport New Zealand

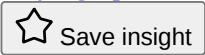
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By Merran Brockie-David - Women in Sport Aotearoa

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