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Co-Designing Effective Programmes for Young Girls: Insights and Principles

Theme: Participation

Co-Designing Effective Programmes for Young Girls: Insights and Principles

Briana irving

Co-authored by Aktive

Aktive - Auckland Sport & Recreation

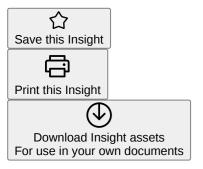


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Learn how to take a co-design approach to produce the best possible solution using the key principles of; identifying, defining, and reflecting.

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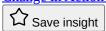
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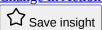
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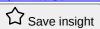
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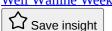
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Understanding Period Poverty Infographic

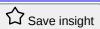
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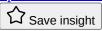
<u>Mind. Set. Engage.</u> Rugby's mental wellbeing programme.



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Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool





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Sport as a Social Development Tool

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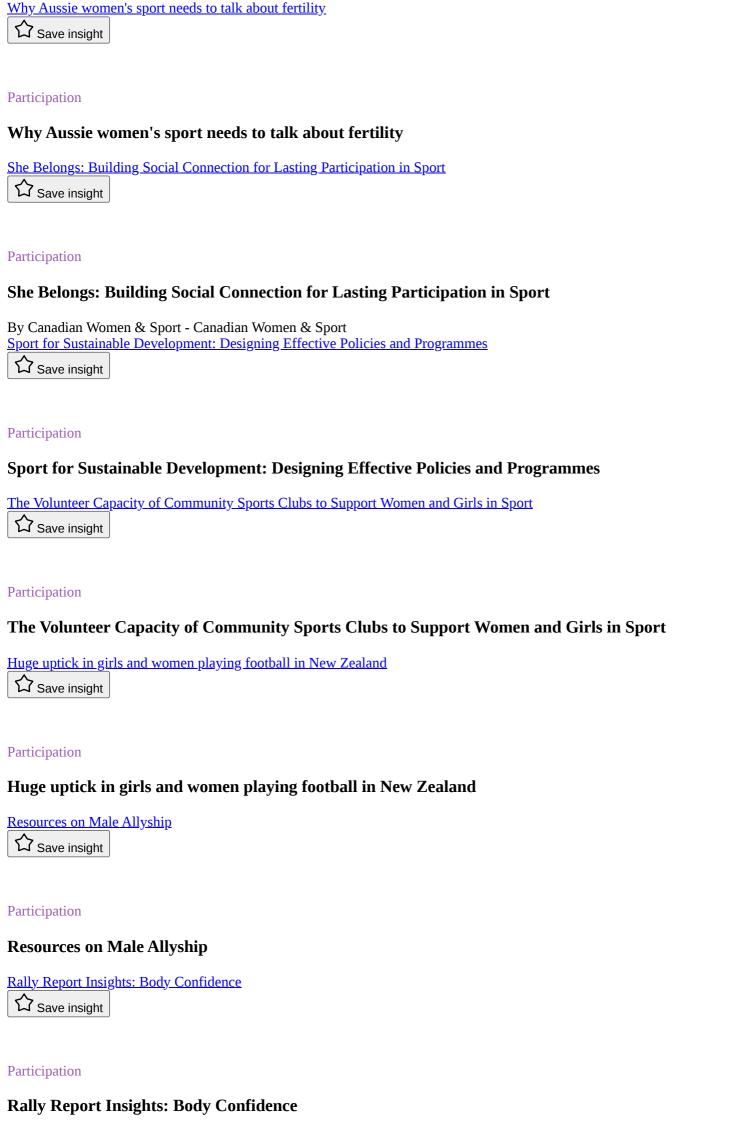
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Rally Report Insights: Mental Health

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What type of uniforms do women want to wear when they referee or umpire sport?

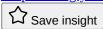
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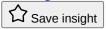


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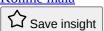


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Kōhine māia



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Kōhine māia

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Yeah! Girls Move - Cricket not the way you know it



Yeah! Girls Move

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Yeah! Girls Move - Cricket not the way you know it

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<u>For young women, by young women - WORD girls-only programme</u>



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Not just for the "sporty", the Not-So-Sports-Club

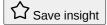
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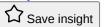


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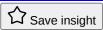


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The female-friendliness of New Zealand's tennis clubs

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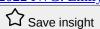
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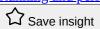
<u>Hikurangi Golf Club president Felice Croft encouraging more women into the sport</u>



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Hikurangi Golf Club president Felice Croft encouraging more women into the sport

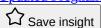
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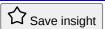
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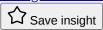
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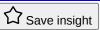
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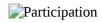


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IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

How To Co-Design A Programme With Participants





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Empowering Disengaged Girls Through A Participant-Centered Programme



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