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# Change in Action Week - Rangatahi Winner - Carmel College

Theme: Participation

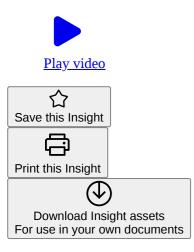
Change in Action Week - Rangatahi Winner - Carmel College

# Rangatahi Winner - Carmel College

Carmel College runs a Sports Council led by 35 students, planning and running lunchtime activities for girls to get involved in sport without cost or other barriers to stop them.

The council organises free lunchtime activities designed to encourage participation in sports, eliminating common obstacles such as cost, skill level, or previous experience. By providing a safe and welcoming space, these activities empower girls who may not have participated in traditional sports settings, helping them build confidence, develop new skills, and foster a love for physical activity.

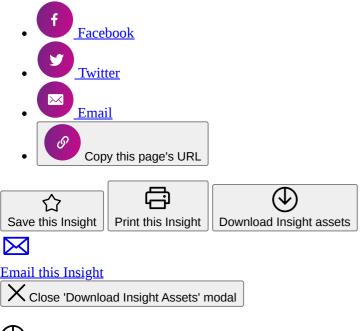
This programme allows the rangatahi to take charge of their own physical recreation and develops leadership skills for those running the council who plan and execute the activities and budget.



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- Screenshot 2024-09-16 at 12.04.12.png 860KB PNG

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