# Skip to content Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa Open search panel Search Search the Insight Hub... Cancel

- <u>Insights</u> <u>Rangahau</u>
- Events Hui
- <u>Partnerships</u> <u>Rangapū</u>
- <u>Impact</u><u>Whakaaweawe</u>
- About Mō Mātou
  - Overview
  - <u>History</u>
  - Support
- ☆<u>0</u> Saved



- Sign in
- Submit





# Backyard Smash & Sista Smash Theme:

Theme: Participation

Backyard Smash & Sista Smash

Roxanna Holdworth

Roxanna Holdworth
Co-authored by Dr Amy Marfell
This is ME

In 2019, This is ME® provided thought leadership to Northern Districts Cricket Association, Hamilton Cricket Association and Waikato Valley Cricket Association, resulting in the establishment of a new 'brand' of cricket targeting women and girls in the Waikato region. Backyard Smash and Sista Smash provided the platform to launch a modified, inclusive, and significantly different form of cricket that is based on a backyard-style game.

With no fast bowlers, no outs, no hard balls and no long days in the field, Backyard Smash and Sista Smash help introduce females to a new game of cricket in ways that are more welcoming and attractive to them.

The aim of our partnership was to support 'traditional' sports to think differently about their delivery in ways that meet the needs and motivations of women and girls. The result was the co-creation of a new format of cricket, as opposed to attempts to integrate women into the traditional, masculinised model. The continuation of this partnership with Northern Districts Cricket Association, in addition to H3, has seen several successful iterations of this style of cricket throughout the Waikato.

Sista Smash is a backyard-style cricket opportunity for primary school aged girls. Ngatea's Sista Smash in 2019 was attended by more than 200 local girls. The event made space for dancing in between overs, a lot of laughter and plenty of music. In 2020, this grew to 350 girls in Thames Valley, and a further 100 girls registered in Hamilton before its postponement due to COVID-19. In 2021, 160 girls participated at Seddon Park - the hallowed ground of elite men's cricket in Hamilton City.

The Backyard Smash, first held in 2019, is designed to cater to women aged 15 years and over. The first event saw more than 100 women form their own teams and play at Seddon Park. H3, Hamilton's premier event venue group, joined the partnership in 2020. Over 200 registrations were received but COVID-19 unfortunately resulted in its postponement. In 2021, twelve teams (120 women) took part, including an "Allstars" team of female rugby, netball and cricket players. In 2022, Northern Districts Cricket Association gained ICC approval to use Seddon Park before the ICC Women's Cricket World Cup 2022 and in accordance with Government COVID guidelines, 40 women participated. Due to COVID guidelines, hosting a Sista Smash event was not possible with schools being unable to mix, and participate in off-site events.

This event and style of cricket has been replicated in Tauranga at Bay Oval and garnered interest from New Zealand Cricket as they continue to make the game more inclusive for females. In 2021, This is ME® were awarded the Northern Districts Cricket Community Engagement Strategy Award, acknowledging our work on the Sista Smash and Backyard Smash initiatives.

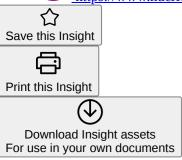
Post-event surveys have strongly indicated an appetite for more frequent backyard cricket opportunities for females, with 100% of respondents identifying that they would participate more regularly in this type of cricket if the opportunity was made available. Next steps will see the Northern Districts explore longer-term offerings for women and girls' participation in the Waikato region. This approach reinforces one of the aims of This is ME®, to encourage providers to think differently about how they can engage women and girls in a sustainable and participant-centred way.

This is ME x NDCA

# **Related Links**

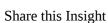


• <a href="https://www.ndcricket.co.nz/news-item/seddon-park-hosts-annual-backyard-smash-event">https://www.ndcricket.co.nz/news-item/seddon-park-hosts-annual-backyard-smash-event</a>



#### Was this Insight helpful?





- f Facebook
- Twitter
- <u>Email</u>
- Copy this page's URL





Email this Insight

X Close 'Download Insight Assets' modal

# 

- Backyard Smash & Sista Smash.pdf
- <u>finalbys cover case study 1113x633.jpg 2.7MB JPG</u>
- This is ME x NDCA 420KB JPG
- This is ME x NDCA 280KB JPG
- This is ME x NDCA 350KB JPG
- This is ME x NDCA 5.1MB JPG
- This is ME x NDCA 4.1MB JPG
- This is ME x NDCA 4.3MB JPG

#### Was this Insight useful?



# Similar Insights (73)

<u>Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football</u>



Participation

#### **Change in Action Week - Innovative Impact FINALIST - Hibiscus Coast Football**

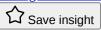
Change in Action Week - Innovative Impact FINALIST - Active Wahine



Participation

# **Change in Action Week - Innovative Impact FINALIST - Active Wahine**

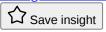
Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy



Participation

#### Change in Action Week - Innovative Impact FINALIST - Kia Ora Academy

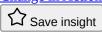
Change in Action Week - Rangatahi FINALIST - Sylvia Brunt



Participation

#### Change in Action Week - Rangatahi FINALIST - Sylvia Brunt

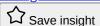
Change in Action Week - Innovative Impact FINALIST - Wāhine Toa



Participation

#### **Change in Action Week - Innovative Impact FINALIST - Wāhine Toa**

Change in Action Week - Rangatahi Winner - Carmel College



Participation

# **Change in Action Week - Rangatahi Winner - Carmel College**



#### ADIDAS BREAKING BARRIERS RESEARCH

<u>Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition</u>



**Participation** 

#### Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



Participation

#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

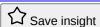
By Emma Evans - Sport New Zealand A 2024 SURVEY FOR: Women in Trail and Ultrarunning



Participation

#### A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun 2022 IWG: Christine Young - Integrity in HP Youth Sport



Participation

#### 2022 IWG: Christine Young - Integrity in HP Youth Sport

2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



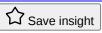
Participation

#### 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

<u> 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport</u>



# 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport 2022 IWG: Kirsten Spencer - Sport as a social development tool



Participation

#### 2022 IWG: Kirsten Spencer - Sport as a social development tool

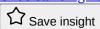
2022 IWG: Erin Hatton - Driving transformational change



Participation

# 2022 IWG: Erin Hatton - Driving transformational change

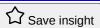
**Understanding Period Poverty Infographic** 



Participation

#### **Understanding Period Poverty Infographic**

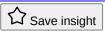
By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

# Well Wāhine Week Case Study

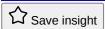
By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



Participation

#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



Participation

# **Girls Smash Modified Girls Only Cricket Programme**

By Jess Davidson - New Zealand Cricket

Innovative approaches to encouraging women's participation in Golf



#### Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme

Save insight

Participation

#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand Mind. Set. Engage. Rugby's mental wellbeing programme.



Participation

#### Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool



**Participation** 

Participation

#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology

Netball Player Development Programme

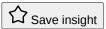
Save insight

Participation

# **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand

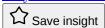
COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



Participation

# COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

Why Aussie women's sport needs to talk about fertility



Participation

#### Why Aussie women's sport needs to talk about fertility

She Belongs: Building Social Connection for Lasting Participation in Sport

Save insight
--------------

#### She Belongs: Building Social Connection for Lasting Participation in Sport

By Canadian Women & Sport - Canadian Women & Sport Sport for Sustainable Development: Designing Effective Policies and Programmes



Participation

#### Sport for Sustainable Development: Designing Effective Policies and Programmes

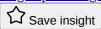
The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport



Participation

#### The Volunteer Capacity of Community Sports Clubs to Support Women and Girls in Sport

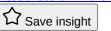
Huge uptick in girls and women playing football in New Zealand



Participation

#### Huge uptick in girls and women playing football in New Zealand

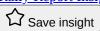
Resources on Male Allyship



Participation

# **Resources on Male Allyship**

Rally Report Insights: Body Confidence



Participation

#### **Rally Report Insights: Body Confidence**

Rally Report Insights: Mental Health



Participation

**Rally Report Insights: Mental Health** 

Save insight
Participation
What type of uniforms do women want to wear when they referee or umpire sport?
Women & Padel: Start of a love story
Participation
Women & Padel: Start of a love story
Empowering young women to lead their experiences - Journeys Central Otago
Save insight
Participation
Empowering young women to lead their experiences - Journeys Central Otago
By Rachel Howells - Sport New Zealand
<u>Creating safe environments for young women to be active their way</u>
₩ Save insight
Participation
Creating safe environments for young women to be active their way
By Rachel Howells - Sport New Zealand
Kōhine māia
Save insight
Participation
Kōhine māia
By Rachel Howells - Sport New Zealand
Yeah! Girls Move - Cricket not the way you know it  Save insight
Yeah! Girls Move
Participation
Yeah! Girls Move - Cricket not the way you know it
By Rachel Howells - Sport New Zealand For young women by young women - WORD girls-only programme

Save insight

What type of uniforms do women want to wear when they referee or umpire sport?

#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand
Not just for the "sporty", the Not-So-Sports-Club



Participation

#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



Participation

#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu

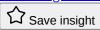
The female-friendliness of New Zealand's tennis clubs



Participation

#### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation

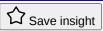


Participation

# Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



Participation

#### Te Awamutu AFC starts 2024 off strong with growing demand

Five things to know about women and sport



Participation

#### Five things to know about women and sport

Has the Olympics become too sexualised? How sex and gender debates drove online discourse

Save insight
Participation
Has the Olympics become too sexualised? How sex and gender debates drove online discourse Pacific Women's Leadership Programme Impact - Sela Vaenuku
Save insight
Participation
Pacific Women's Leadership Programme Impact - Sela Vaenuku
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
Save insight
Participation
IWG: Claire Badenhorst - Iron regulation throughout the lifespan - An active female perspective
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes  Save insight
Participation
"Beginning Day 1" Checklist: How to Coach and Support Women and Teen Girl Athletes
Nutrition For Female Athletes
Save insight
Participation
Nutrition For Female Athletes
Coaching through a Gender Lens Infographic  Save insight
Participation
Coaching through a Gender Lens Infographic

<u>Angel City Equity House Podcast: Myth Busters presented by Gatorade</u>

Save insight

Participation

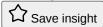
**Angel City Equity House Podcast: Myth Busters presented by Gatorade** 

2022 IWG: Emily Davidson - She Loves Golf Presentation



#### 2022 IWG: Emily Davidson - She Loves Golf Presentation

Hikurangi Golf Club president Felice Croft encouraging more women into the sport



Participation

#### Hikurangi Golf Club president Felice Croft encouraging more women into the sport

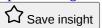
Running and periods: The myths about exercise and your menstrual cycle, debunked



Participation

Running and periods: The myths about exercise and your menstrual cycle, debunked

Updated Pregnancy guidance from UK Sport



Participation

# **Updated Pregnancy guidance from UK Sport**

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



Participation

#### **IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

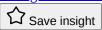
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



Participation

IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

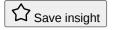
Young Women Profile - September 2021



Participation

#### **Young Women Profile - September 2021**

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

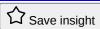
New Zealand Football Performance & Prevention - Considerations for Female Athletes



Participation

**New Zealand Football Performance & Prevention - Considerations for Female Athletes** 

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



Participation

IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



Participation

**Co-Designing Effective Programmes for Young Girls: Insights and Principles** 

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

☆ Save insight

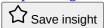
Participation

Participation

#### **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

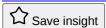


Participation

Participation

#### **Empowering Disengaged Girls Through A Participant-Centered Programme**

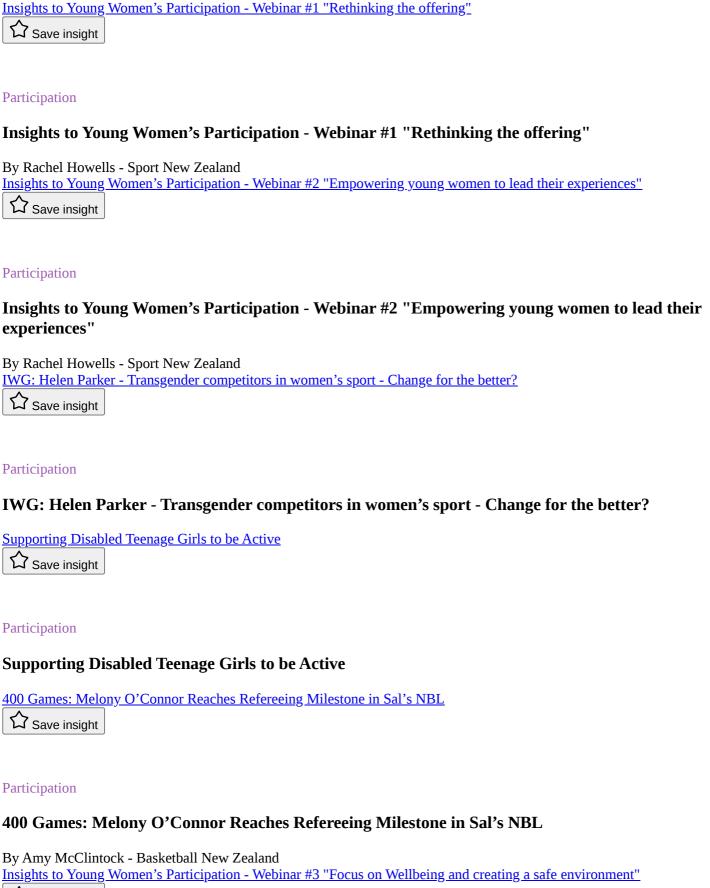
By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

Participation

**Aktive Women & Girls Facility Guide** 



Save insight

Participation

Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

#### **Our Partners**

- Sport NZ Sport NZ
   NZ Foreign affairs and trade NZ Foreign affairs and trade
   US Embassy NZ US Embassy NZ
   Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa
  - Facebook
    Instagram
    Twitter
  - YouTube
  - Contact
  - <u>FAQ</u>
  - Privacy policy
  - Terms of use
- © 2024 Women in Sport Aotearoa

# Subscribe to our newsletter

Receive the latest news, events and insights as we publish them.

Name:
Email:
Subscribe

Close panel
Women in Sport Aotearoa Insight Hub | Ngā Wāhine Hākinakina o Aotearoa

# Subscribe to our newsletter

Our weekly email delivering the latest insights as we publish them, tailored to your tastes.

First nan	ne:*	
Email:*		

#### **Preferences**

Select those that apply to you to help us customise your Insight Hub experience.

#### **Insight Themes**

• <a href="#">
</a>
All

. .

Leadership

• 🛂

Social Change

• 🗸

Active Lives

• <

**High Performance** 

• 🔽

Visibility and Voice

#### **Insight Content Types**

• ☑ All

AJ

•

Research

• <

Case studies

• 🔽

News stories

• 🗸

Toolkits

Subscribe now >