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# 2022 IWG: Kirsten Spencer - Sport as a social development tool

Theme: Participation

2022 IWG: Kirsten Spencer - Sport as a social development tool

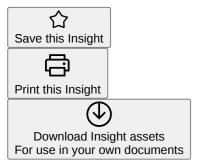
Co-authored by Kirsten Spencer

# IWG Lightening Talk: Kirsten Spencer - Sport as a social development tool: Evaluating the perceived effectiveness of the Touch NZ Community Projects



<u>Play video</u>

2022 IWG: Kirsten Spencer - Sport as a social development tool



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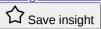
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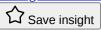
Change in Action Week - Innovative Impact FINALIST - Active Wahine



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# **Change in Action Week - Innovative Impact FINALIST - Active Wahine**

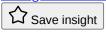
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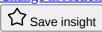
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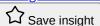
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#### **Change in Action Week - Innovative Impact FINALIST - Wāhine Toa**

Change in Action Week - Rangatahi Winner - Carmel College



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# Change in Action Week - Rangatahi Winner - Carmel College



#### ADIDAS BREAKING BARRIERS RESEARCH

<u>Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition</u>



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# Kiwi women take clean sweep of the Ski Podium at The North Face Frontier 4- Competition

GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN



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#### GUIDE TO CREATING ACTIVITIES AND EVENTS FOR YOUNG WOMEN

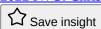
By Emma Evans - Sport New Zealand A 2024 SURVEY FOR: Women in Trail and Ultrarunning



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#### A 2024 SURVEY FOR: Women in Trail and Ultrarunning

By Ali Pottinger - Squadrun 2022 IWG: Christine Young - Integrity in HP Youth Sport



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2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton



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#### 2022 IWG: David Cabello - A Gender Policy for Increasing Women's Representation in Badminton

<u> 2022 IWG: Nicole Terril - Bruce Pulman Park – Collaborating, Connecting, Enabling Our Wāhine in Sport</u>



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# 2022 IWG: Erin Hatton - Driving transformational change

<u>Understanding Period Poverty Infographic</u>



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# **Understanding Period Poverty Infographic**

By Cheycoda Cocks - Sport Manawatu Well Wāhine Week Case Study



Participation

# Well Wāhine Week Case Study

By Helayna Ruifrok - Sport Gisborne Tairawhiti Netball Resources for Clubs and School Administrators



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#### **Netball Resources for Clubs and School Administrators**

By Jenna Murie - Netball New Zealand Girls Smash Modified Girls Only Cricket Programme



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# Girls Smash Modified Girls Only Cricket Programme

By Jess Davidson - New Zealand Cricket <u>Innovative approaches to encouraging women's participation in Golf</u>



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# Innovative approaches to encouraging women's participation in Golf

By Roxanna Holdworth - This is ME Netball Volunteer Programme

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#### **Netball Volunteer Programme**

By Jenna Murie - Netball New Zealand

Mind. Set. Engage. Rugby's mental wellbeing programme.

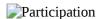


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### Mind. Set. Engage. Rugby's mental wellbeing programme.

Sport as a Social Development Tool

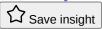




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#### **Sport as a Social Development Tool**

By Kirsten Spencer - Auckland University of Technology Netball Player Development Programme



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# **Netball Player Development Programme**

By Alysha Jensen - Netball New Zealand

COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING



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# COACHING GIRLS GUIDE: HOW TO GET (AND KEEP) GIRLS PLAYING

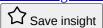
Why Aussie women's sport needs to talk about fertility



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#### Why Aussie women's sport needs to talk about fertility

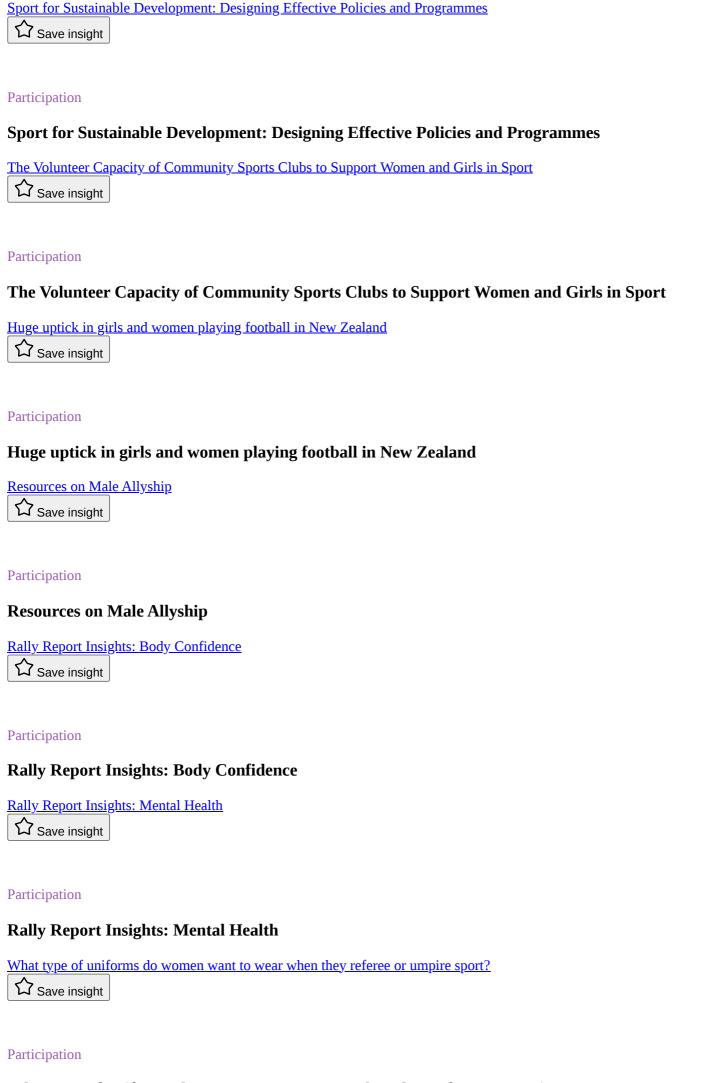
She Belongs: Building Social Connection for Lasting Participation in Sport



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# **She Belongs: Building Social Connection for Lasting Participation in Sport**

By Canadian Women & Sport - Canadian Women & Sport



What type of uniforms do women want to wear when they referee or umpire sport?

Women & Padel:	Start of a love story
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# Women & Padel: Start of a love story

Empowering young women to lead their experiences - Journeys Central Otago



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#### Empowering young women to lead their experiences - Journeys Central Otago

By Rachel Howells - Sport New Zealand

Creating safe environments for young women to be active their way



Participation

# Creating safe environments for young women to be active their way

By Rachel Howells - Sport New Zealand

Kōhine māia



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#### Kōhine māia

By Rachel Howells - Sport New Zealand

Yeah! Girls Move - Cricket not the way you know it





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# Yeah! Girls Move - Cricket not the way you know it

By Rachel Howells - Sport New Zealand

For young women, by young women - WORD girls-only programme



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#### For young women, by young women - WORD girls-only programme

By Rachel Howells - Sport New Zealand

Not just for the "sporty", the Not-So-Sports-Club



#### Not just for the "sporty", the Not-So-Sports-Club

By Rachel Howells - Sport New Zealand Manawatū Cricket Association case study



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#### Manawatū Cricket Association case study

By Cheycoda Cocks - Sport Manawatu Backyard Smash & Sista Smash

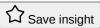


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# **Backyard Smash & Sista Smash**

By Roxanna Holdworth - This is ME

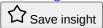
<u>The female-friendliness of New Zealand's tennis clubs</u>



Participation

#### The female-friendliness of New Zealand's tennis clubs

Removing Period Poverty As a Barrier to Participation



Participation

# Removing Period Poverty As a Barrier to Participation

By Roxanna Holdworth - This is ME

Te Awamutu AFC starts 2024 off strong with growing demand



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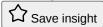
**Angel City Equity House Podcast: Myth Busters presented by Gatorade** 

2022 IWG: Emily Davidson - She Loves Golf Presentation



#### 2022 IWG: Emily Davidson - She Loves Golf Presentation

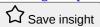
Hikurangi Golf Club president Felice Croft encouraging more women into the sport



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#### Hikurangi Golf Club president Felice Croft encouraging more women into the sport

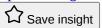
Running and periods: The myths about exercise and your menstrual cycle, debunked



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# Running and periods: The myths about exercise and your menstrual cycle, debunked

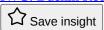
Updated Pregnancy guidance from UK Sport



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# **Updated Pregnancy guidance from UK Sport**

IWG: Daenin Roth - Grassroots Role Models Inspiring Change



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# **IWG: Daenin Roth - Grassroots Role Models Inspiring Change**

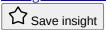
IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel



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# IWG: Dr Riki Tesler: Social capital and health among participants in the cachibol league in Israel

Young Women Profile - September 2021



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# **Young Women Profile - September 2021**

IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls



# IWG: Etsuko Ogasawara - New Way of Thinking to Promote Physical Activity for Girls

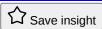
New Zealand Football Performance & Prevention - Considerations for Female Athletes



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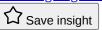
IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill



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#### IWG: Christine Young - Women in Taekwondo - Over 40 is not Over the Hill

Co-Designing Effective Programmes for Young Girls: Insights and Principles



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# **Co-Designing Effective Programmes for Young Girls: Insights and Principles**

By Briana irving - Aktive - Auckland Sport & Recreation How To Co-Design A Programme With Participants

TW 10 CO-Design A Programme With Participants



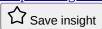
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# **How To Co-Design A Programme With Participants**

By Briana irving - Aktive - Auckland Sport & Recreation

Empowering Disengaged Girls Through A Participant-Centered Programme

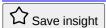


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#### **Empowering Disengaged Girls Through A Participant-Centered Programme**

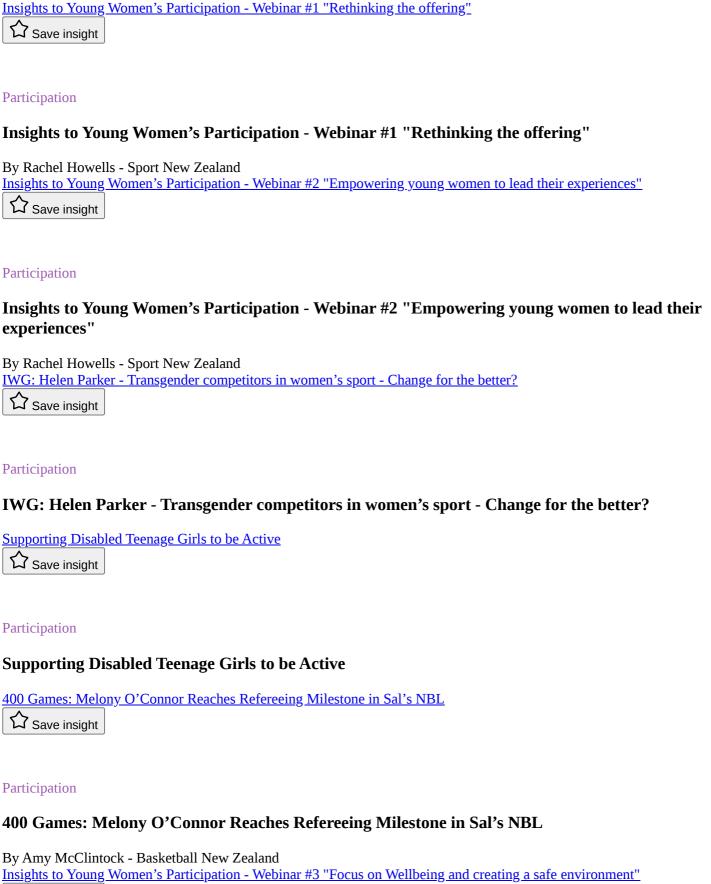
By Briana irving - Aktive - Auckland Sport & Recreation Aktive Women & Girls Facility Guide



Women & Girls Facility Guide

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# **Aktive Women & Girls Facility Guide**



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Insights to Young Women's Participation - Webinar #3 "Focus on Wellbeing and creating a safe environment"

By Rachel Howells - Sport New Zealand

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